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**BellAliant**

**Buzz** pg 30

**Murphy was ready to start family: Husband**



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• WEDNESDAY, MARCH 24, 2010

**Comment**

**Testing the limits of free speech**

pg 11

Helicopter makes emergency landing

**MILITARY** The pilot of a Cormorant helicopter made an emergency landing in Digby County yesterday after a warning light came on in the cockpit.

The chopper from Canadian Forces Base Greenwood landed in a field near Weymouth after there was an indication of a possible engine problem.

Capt. Scott Spurr of 14 Wing Greenwood says the Cormorant touched down as a precautionary measure after the indicator light came on.

There were no injuries among the five crew on the helicopter. The chopper has since headed back to Greenwood.

THE CANADIAN PRESS



**Workology** pg 16

**Engineering the future**

**On the web** Visit [metronews.ca](http://metronews.ca) for news updates

North Preston **Retaliation shooting?**



An RCMP officer walks past a window with three bullet holes at a home on Cain Street in North Preston yesterday. Several shots were fired at the home late Monday night. Story, page 3

# Tax hikes possible

**ALEX BOUTILIER**  
for Metro Halifax

**Tax hikes, budget cuts and increased transit area rates are among the options Halifax regional council is considering to make up HRM's \$30.4-million shortfall.**

Council directed staff yesterday to find \$14 million of the 2010-11 budget gap through these measures, including the elimination of inefficiencies and identifying new sources of revenue. A further \$10 million in transit expansion is to be offset by transit rate increases.

The remaining \$6 million is expected to be made up through tax increases.

Staff will now research these options and return to council in April with more concrete figures for, and consequences of,

these methods.

HRM finance director Cathie O'Toole said despite the potential tax increases and budget cuts, residents should feel confident in the municipality's fiscal health.

"We're more self-reliant than some other municipalities, and we do have some flexibility," said O'Toole. "We're well positioned."

The deficit was first brought before council on Feb. 23 in a report delivered by O'Toole. The report cited increased service costs, an increase in the municipality's compensation model and the operating costs of new capital as the principal causes of the shortfall.

Mayor Peter Kelly said yesterday's somewhat heated debate should give staff a sense of the direction council wants to take.

"This gives them a truckload of information to evaluate," Kelly said.



Neil told a news conference yesterday. "As leader of the Nova Scotia Liberal Party, I want to say to Nova Scotians I am sorry for our part in that system."

McNeil's apology comes just two days before the house resumes sitting.

He said his party will focus on supporting legislation requiring MLAs to post their expenses online.

THE CANADIAN PRESS

## McNeil apologizes for Liberals' role in expense scandal

**POLITICS** Liberal Leader Stephen McNeil says he's sorry for his party's role in a spending scandal that has fuelled public outrage in the province.

The abuses — ranging from questionable purchas-

es such as big-screen TVs, to funds being added to the salaries of constituency staff from 2006 to 2009 — have set off a firestorm of public criticism that's tarred many members of the legislature.

"All three parties in this house have supported a system of secrecy around the reporting of expenses by members of the legislature that left it open for abuse," Mc- McNeil



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# Local



## Edwards to speak at breast cancer event

Elizabeth Edwards, left, will be the keynote speaker at the Canadian Breast Cancer Foundation's 50 Over 50 event in Halifax on May 27 at the Cunard Centre. Edwards is the wife of former United States senator John Edwards and is currently living with breast cancer. The event will also feature a meal hosted by emcee Bill Carr, live music from the Rhapsody Quintet and the Aeolian Singers, and an auction. Tickets are \$250 per person or \$2,500 per table of 10. For tickets, phone 423-3776.

METRO HALIFAX



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### New charges in identity theft case

**CRIME** An Ontario man and Quebec woman are now facing even more charges in an identity theft investigation by Halifax Regional Police.

Benoit LeMaire of Verdun, Que., is now facing a total of 49 charges, while Jennifer Perrault of Oshawa, Ont., is before the courts on 14 charges.

Police filed three new charges against both accused this week: Conspiracy to utter a forged document, conspiracy to commit false pretence and conspiracy to use identity information for a fraudulent purpose.

Police first charged the man and woman last week after they allegedly attempted to open fraudulent accounts at two Dartmouth banks. **METRO HALIFAX**

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WHAT'S ONLINE TODAY

**Video** Decades after it was legalized, abortion remains a political hot potato on both sides of the border at **metronews.ca/world**

**Blogs** SpinDoctor takes the Tories and Liberals to task for ham-fisted message management



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## Board backs gas discounts

Rural retailers cried foul on grocery store fuel promotions

**Nova Scotia's gasoline regulator has rejected a complaint from rural gas station operators who claim their businesses are being hurt by grocery store promotions that offer drivers a few cents a litre off their next fill-up.**

The Utility and Review Board issued a decision yesterday that concludes the promotions have not had an impact on the availability of fuel in rural areas and should be allowed to continue.

Rural retailers had complained the province's largest food retailer, Sobeys, had helped the province's largest gasoline retailer, Irving Oil, gain an unfair advantage by offering discounted gasoline as a reward for buying groceries.

But the board found the most important factor for consumers when buying gas is the location of a station, and it could find no evidence the promotions have had an impact on the viability of rural retailers.

"Promotions by themselves are not enough to substantially change purchasing patterns," the board concluded. "Independent



Tama Tynes fills up at the Barrington Street Atlantic Superstore gas station yesterday. The Utility and Review Board ruled yesterday discounts offered at some gas stations should be able to continue.

stations in remote areas appear to be largely immune to the effect of promotions."

The board also concluded consumers want to keep the promotions and there should be no limits on the types of promotions, who can offer them and the size of the discounts offered.

However, the board said

drivers using promotions

should be restricted to purchasing no more than 100 litres of gasoline, and provincial regulations regarding promotions should be clarified.

The report also noted those opposed to the use of promotions provided no evidence to refute the key findings of two studies cited by the board.

Graham Conrad, executive

director of the Retail Gas Dealers Association of Nova Scotia, said his group is not opposed to gas price promotions, but it remains concerned about the way Sobeys and Irving Oil are offering big discounts.

"The promotion is so lucrative that we just don't know what the full impact will be," Conrad said.

**THE CANADIAN PRESS**

## Drivers pleased that promotions will stick around

**GASOLINE** Cab driver Tom O'Neill snagged up a discarded 31-cent Atlantic Superstore coupon while filling up his vehicle yesterday afternoon, happy the discounts were saved from extinction.

O'Neill collects as many of the cross-promotional coupons he can find, and it can quickly add up.

"With the recession, the ones that people throw away go down. But I used to have anywhere between 10 and 20 bucks a week of these," he said while filling up at the station outside the Barrington Street Superstore.

"I would collect them, then go into Superstore and buy little treats for the girl-

friend's dog."

O'Neill was one of several drivers polled by Metro yesterday on the Nova Scotia Utility and Review Board decision that discount promotions should continue, despite some rural retailers saying they're unfair. None of the drivers had much sympathy for that view, with every one happy to see

the discounts continue.

Neil, another cab driver, said the discount adds up to a month's worth of groceries for him over the course of a year.

"If (other retailers) got a problem, let them worry about it," he said. "If they don't like it, tell them to do something to get even with it." **PAUL MCLEOD/METRO HALIFAX**

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**RCMP deem Guysborough County forest fire suspicious**

RCMP say a weekend forest fire in Guysborough County is considered suspicious. The cause remains under investigation. The fire in Little Dover broke out early Sunday afternoon and was brought under control Monday morning. A number of homes were evacuated as several crews fought the blaze. **THE CANADIAN PRESS**

# Bullets fly at home of ex-suspect

North Preston man's house attacked days after charges were dropped

**PAUL MCLEOD**  
paul.mcleod@metronews.ca

**As one 38-year North Preston resident drove by a shooting scene yesterday, he shook his head at what was happening in his community.**

"It's gotten worse. It was never like this. No, when I moved here this was a beautiful, peaceful, loving community," said the man who identified himself simply as Ron.

"You have a little scrap, the next day or in a week or so it was all over. Nowadays they carry a vendetta."

Police aren't saying whether they believe the North Preston shooting Monday night was retaliation. But the Cain Street home that was hit by bullets around 11 p.m. is the residence of Roger Santrevo Downey, who had attempted murder charges against him dropped just four days earlier.

Downey was arrested last fall after Marchello Williams was shot on Cain Street on Oct. 9.

**"It's despicable. I don't know what we can do about it, to be honest."**

North Preston resident

A Nova Scotia public prosecution spokesperson said yesterday while Downey's charges have been lifted for now, they haven't ruled out re-filing them.

Police say two men were downstairs in the house when several shots were fired, including at least one through a downstairs window. No one was hurt. A vehicle parked in front of the house was also hit with gunfire.

There was another shooting outside the home just four months ago on Nov. 31.

As forensic investigators checked the scene yesterday morning, Ron said some of the young men in North Preston have become loose cannons and it gives the whole community a bad name.

"It's despicable. I don't



Two RCMP officers look at siding from a North Preston home yesterday following a shooting late Monday night. The home was hit with several bullets and one struck a car parked in the driveway.

know what we can do about it, to be honest," he said.

"This doesn't help matters much when you're trying to lobby government,

trying to improve your community and make it a better place to live," Ron added.

"It's hard to get support from elsewhere, because

they figure with this kind of a situation, with this kind of action, maybe they're better off with what they've got, which is nothing."

## Man in jail for McDonald's deaths gets leaves extended

**PAROLE** A man serving a life sentence for his role in the murders of three McDonald's restaurant workers in Cape Breton has had his unescorted leaves from prison extended by the National Parole Board.

The board says that as of tomorrow, Darren Richard Muise can leave prison twice for up to 72 hours during the next 60 days.

Shorter temporary absences were granted by the board last November and August.

Muise was 18 when he and two other young men

### Others convicted

- Darren Muise's accomplices, Freeman MacNeil and Derek Wood, were convicted of first-degree murder in 1993 and sentenced to life with no parole for at least 25 years.

robbed the McDonald's in Sydney River in May 1992.

He later pleaded guilty to murdering Neil Burroughs, a 29-year-old married father and maintenance worker.

**THE CANADIAN PRESS**

## Police investigate school library fire

**PHILIP CROUCHER**  
philip.croucher@metronews.ca

**BLAZE** Halifax Regional Police are investigating a small blaze in the library of a Dartmouth school that they believe had been deliberately set.

Halifax regional fire spokesman Capt. Dave Meldrum said they were called to Ellenvale Junior High School at 88 Bella Vista Drive just before 9:30 p.m. on Monday.

They found "a very small fire" which had already been put out by people inside using a dry chemical

**"It seemed like it might be suspicious, and the on-scene firefighters asked police to also come in and have a look as well."**

Capt. Dave Meldrum

extinguisher.

Police believe the fire was started after something was thrown through an open window causing a stack of books to catch fire.

Meldrum said damage was limited to a few books and some cabinetry. The school was cleaned up and open for students yesterday.

In its initial investigation, Meldrum said there

was concern by fire investigators about how the blaze started.

"It seemed like it might be suspicious and the on-scene firefighters asked police to also come in and have a look as well," Meldrum said.

Police are looking to speak with anyone in the area at the time of the incident to help determine how the fire started.

Younger handed 3 more portfolios

**POLITICS** Dartmouth East MLA Andrew Younger is getting more responsibilities from Liberal Leader Stephen McNeil.

Younger, already the Liberal caucus critic for energy and environment, will now be taking three more portfolios — Service Nova Scotia and Municipal Relations, the Public Service Commission and Communications Nova Scotia.

Younger was first elected to the provincial legislature in last June's provincial election. He had previously served for five years as a Halifax regional councillor.

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Double-drunk driving case postponed

**COURTS** A Clayton Park woman arrested twice in a 10-hour span for impaired driving early this year has had her case held over again.

Diedra Fougere, 50, was scheduled to appear for election and plea yesterday at Halifax provincial court, but it was put over by the judge until April 15.

In February, Fougere was scheduled for election and plea, but it was held over then to Diedra Fougere yesterday.



Fougere is charged with two counts of impaired driving, one count of failing the breathalyzer and one count of refusing the breathalyzer in connection with two incidents on Jan. 5 in Halifax.

Fougere has two previous impaired driving convictions. The first was handed down in New Glasgow in October 1990, and the second in Port Hawkesbury in March 2002.

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4 local

A 40-year-old Halifax man is facing charges after police say a quantity of marijuana and Clonazepam was found during a search on Cork Street. METRO HALIFAX

# Residents give HRM thumbs-up: Survey

Most say they're content with quality of living

ALEX BOUTILIER  
for Metro Halifax

**44%**

The survey found 44 per cent of respondents were either somewhat or very satisfied with the overall direction of the municipal government.

**The majority of HRM residents are satisfied with the quality of living in the municipality, according to a new survey presented to regional council yesterday.**

Eighty-one per cent of respondents felt the Halifax Regional Municipality was either a good or a very good place to live, while 44 per cent were either somewhat or very satisfied with the overall direction of municipal government.

Conducted over a six-week period in January and February by Thinkwell Research, the report was sent to 23,400 randomly selected households in HRM. However, only 10.3 per cent of those asked to complete the survey did so.

This caused several councillors to question whether the municipal government

was effectively communicating with the general public.

The survey notes 29 per cent of respondents answered they "don't know" if they feel well represented by the current council and community council structure.

The full results of the survey are expected to be made available on the municipality's website at halifax.ca later today.

Council also voted yesterday to proceed with Phase 1 in a three-phase, multimillion-dollar repair project for city hall.

Built in 1899, the build-

ing survived the 1917 Halifax Explosion with minimal damage, but a 1948 acid/steam cleaning and various other repair projects have left the building's stone in rough condition.

According to Terry Gallagher, HRM's manager of facility development, the first phase of the repair project will begin this spring and cost approximately \$1 million.

"(Phase 1) is going to entail the restoration of the west elevation, which is the Argyle Street elevation," Gallagher said. "We'll be removing some of the stonework, placing new stonework and (doing) a general repair of the exterior façade."

The total cost of the project is expected to be \$6 million to \$8 million, with \$1.3 million contributed through federal and provincial stimulus funding.

## Safety fears dash Queen's tattoo visit



year-old monarch to negotiate a curving stairway.

It's a theatrical stage,

it's not the

same as the

steps in your

home," said

Fraser.

He said federal officials insisted the Queen go on stage but left the final decision to the province.

Tattoo chair Alan Abraham wrote a letter earlier this month to Premier Dar-

rell Dexter's chief of staff to state the tattoo's opposition to the proposal.

"For safety reasons, we cannot and will not permit that," Abraham said in the letter.

Fraser said the tattoo offered the province "six or eight" options to the Queen going on stage, but none was accepted by the province's chief protocol officer.

As a result, Fraser said the Queen won't attend the tattoo during her visit to the province.

THE CANADIAN PRESS

## Disabled man awarded \$15K for discrimination

**DAMAGES** An independent board of inquiry has awarded a Nova Scotia man \$15,000 after finding he was discriminated against by Correctional Services because of his disability.

The chairman of the Human Rights Commission found in February that there had been a systemic

failure in the case of Michael Trask and ordered Correctional Services to undertake extensive human-rights training.

Damages were not awarded at that time.

Trask claimed he was discriminated against after he applied for a job with Correctional Services, which he said failed to ac-

commodate his disability.

After nine days of hearings that began last March, board chairman Donald Oliver concluded that Trask had made his case.

He said there was no one person responsible for the discrimination against Trask, but instead a systemic failure.

THE CANADIAN PRESS

## University of King's College president to resign

June 30, 2011.

Dr. Barker became president in September of 2003. Following an administrative leave after his departure, he is expected to take on a teaching position in the English department at Dalhousie University.

In making yesterday's announcement, King's also noted Kim Kierans, the director of the school of journalism, has been appointed to school vice-president for a five-year term starting June 30.

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**Saint Mary's prof gets \$65K for Bay of Fundy study**

Saint Mary's geography professor Dr. Danika van Proosdij has been awarded \$65,000 for a two-year study assessing at how tidal power initiatives may impact sedimentation patterns in the Bay of Fundy. She will examine how the dynamics of sedimentation change when energy is extracted from the tides by special turbines. **METRO HALIFAX**



A passenger boards a Metro Link bus near Scotia Square yesterday. Metro Transit hopes to have all their buses equipped with GPS technology by the fall which will allow passengers to get real-time information about bus times and locations.

## GPS set to arrive, three years late

**PAUL MCLEOD**  
paul.mcleod@metronews.ca



**Bus riders may be able to call GoTime and get a GPS-calculated time until their bus arrives starting this fall, three years after they were first told they'd be able to.**

The ultimate goal is for people to be able to call their bus stop and get the actual time a bus is coming, not just the scheduled time.

The program was first touted by Metro Transit when it began overhauling its GoTime system in summer of 2007. At that point they said all buses would be equipped with GPS trackers by that fall.

While the devices got installed, a series of delays kept them from going active. This included expansion of the bus fleet and other initiatives taking higher priority, such as installing security cameras.

The new system is being tested now and Metro Transit hopes it will be "fully or mostly operational" by this fall.

"As with any major project it's been ongoing for a couple years because we do want to ensure it's in perfect working condition before we 'turn on' any piece of it," said Metro Transit spokeswoman Lori Patterson.

"It's all contingent on all of these things going right as you test them, because

the big thing for us is we don't want to give misinformation."

Patterson said the massive project, which has involved outside groups as well, was highly complex and came across complications over the years.

She said the real-time results will start to be introduced on lower-density routes and Metro Link buses, with gradual expansion to almost every route by the fall.

The testing might also explain why some people who try to call GoTime get a message saying the system is down.

Patterson said those problems are likely due to the current Metro Transit system tests.

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## CPAC proposes alternative budget

**NUMBERS** The Canadian Centre for Policy Alternatives released their alternative budget yesterday and are hoping the new NDP government will break tradition and adopt some of their proposals.

The CPAC budget focuses on progressive new taxes in order to correct what they see as a regressive tax trend.

While Nova Scotia's GDP has grown 63 per cent in the last 25 years, CPAC's numbers say only the top 40 per cent of families benefited with the top 10 per cent prospering.

"The benefit of the booming economies has not gone to average Nova Scotians," said SMU man-

agement professor Larry Haiven, one of the budget presenters.

er class.

It instead proposes a graduated income tax increase that would spare the bottom 40 per cent of earners and ramp up to nine per cent for the most wealthy.

"Politicians like to tell us we all have to tighten our belts. What we're saying is low income people have never had their belts loose," said retired Dal prof Michael Bradfield.

**PAUL MCLEOD/METRO HALIFAX**

## Wanted man armed, violent, say police

**MURDER** The RCMP are still trying to track down a man wanted for second-degree murder in the death of Jonathan Robert Beaton, who was stabbed to death New Year's Day in Antigonish.

A Canada-wide arrest warrant has been in effect for several weeks against

Robert Harris Lamb, who is also profiled on Canada's most wanted list. According to a RCMP release, police are receiving tips from across the country Lamb

about possible sightings of Lamb.

Police say Lamb may



have an injury to his hand. Lamb is considered to be violent, armed and dangerous. If anyone sees Lamb, police say they should phone their local RCMP detachment or Crime Stoppers at 1-800-222-8477.

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About 100 people on a Montreal-to-Toronto Air Canada flight had a scare yesterday once the A-320 aircraft landed at Pearson International Airport. The pilot noticed an indicator light that signalled a hydraulic malfunction and alerted the airport the plane would have to be towed to the gate because of a steering problem. **THE CANADIAN PRESS**

# Canada 60

## Tweet your Earth Hour to Metro

*Earth Hour is Saturday at 8:30 p.m. What will you be doing? This week, we'll share some tweets from Metro readers.*

**@kevinodotnet:** "I'll spend Earth Hour on Parliament Hill with a (carbon footprint friendly) beeswax candle keeping me toasty warm!"

*Send you Earth Hour tweets to @metrohalifax.*

METRO NEWS SERVICES

## Poll divided on funding for abortion

**FAMILY PLANNING** A new poll suggests Canadians overwhelmingly support providing contraceptives to the world's poorest women but they're not so sure about abortion.

The Canadian Press Harris-Decima survey comes amid debate over Prime Minister Stephen Harper's plan to champion maternal and child health in developing countries during the coming G8 summit.

The poll indicates fully 74 per cent believed the plan should include government funding for contraception; only 21 per cent were opposed. But respondents were almost evenly split as to whether Harper's initiative should include funding for abortion services, with 48 per cent opposed and 46 per cent in favour.

THE CANADIAN PRESS

## Neo-con pundit's appearance nixed

**PROTEST** Security officials scrubbed American right-winger Ann Coulter's speech at the University of Ottawa last night after a boisterous protest prompted concerns for her safety.

A spokesman for the group that organized the event said they were fears for Coulter's well-being after about two thousand people gathered outside the venue to protest her presence there. Coulter is a darling of the U.S. right-wing who uses incendiary language to sell millions of books.

THE CANADIAN PRESS

## Protect the consumer: CRTC

Commission recommends complaints body within cable industry

**Canadian TV subscribers were put on a pedestal yesterday, with both cabinet and the broadcast regulator lavishing attention on how to protect the ordinary, cash-strapped consumer.**

The Canadian Radio-television and Telecommunications Commission (CRTC) said it would like to see a new, self-regulated, independent customer-complaints body within the cable and satellite industry.

It would also like a government awareness campaign to tell people about the country's transition to

digital TV signals in the summer of 2011. Many viewers with older sets won't be able to tune in after the conversion and the commission suggests they should get some help to pay for the cost of a digital converter box, as was done in the U.S.

Those were just two of the recommendations the CRTC sent to the government on the heels of Monday's major decision on rebalancing the financial landscape in the broadcasting industry.

For the first time, the commission said TV net-

works can seek payment for their programming, either in kind or in cash, from cable and satellite companies. Those industries warn, however, that consumers will end up paying the bill.

The Federal Court of Appeals must first rule on the whole "value for signal" notion, and it seems the Conservative government is OK with that process.

But Heritage Minister James Moore made it clear he'll be watching theulti-

mate impact on the average cable or satellite subscriber. "We are concerned about what's in the best interests of consumers first," said Moore. **THE CANADIAN PRESS**



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## Tories grant widow's appeal

**BAD PRESS** Suzanne Trepanier will get to speak for her dead husband after all.

Buffeted by adverse publicity, the Conservative government yesterday suddenly backed away from its campaign to stop the grieving widow's appeal to speak to a parliamentary committee on behalf of Remy Beauregard, former president of Montreal's embattled Rights and Democracy, who died Jan. 8 from a heart attack.

The reversal is just the latest in a series of "flip flops" by the Conservatives, political critics say.

TORSTAR NEWS SERVICE

## Toronto White's fight



UFC president Dana White responds during a presser in Toronto, yesterday. White reminded the provincial government about the popularity of mixed martial arts during the session. Ontario Premier Dalton McGuinty has been on the ropes for weeks over his refusal to sanction the popular sport in Ontario, which supporters say would boost the province's troubled economy.

## Military stops publicizing number of wounded, will release statistics instead

**POLICY** The Canadian military has quietly stopped reporting when soldiers are wounded on the battlefield and will instead deliver annual statistics to the public.

The stark policy shift is described as a deliberate attempt to keep the Taliban in the dark.

The weekend death of Cpl. Darren Fitzpatrick in an Edmonton trauma centre brought the directive to the forefront. The 21-year-old was mortally wounded in a previously unreported March 6 roadside bombing.

Fitzpatrick, of 3rd Battalion, Princess Patricia's Canadian Light Infantry, was on a foot patrol with Afghan soldiers when the blast occurred in the

## Info flow

- The army has long banned the release of photographs of blown-up vehicles on the basis that it would help the Taliban build bigger bombs. The military also restricts the flow of information in other ways in hopes of keeping the enemy off balance.

volatile Zhari district, west of Kandahar. There have been other recent unreported incidents, including a soldier with a gunshot wound to the leg last week.

Journalists embedded with the military were in the past routinely briefed on engagements in the field.

THE CANADIAN PRESS



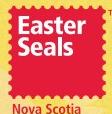
## He's back at Mic Mac!

Don't miss the Kid's Bunny Walk and Easter Egg Hunt, April 3 from 9am - 10am. Details and registration at [easterseals.ns.ca](http://easterseals.ns.ca) or Easter Bunny Land (Bay Court, Second Level).

All proceeds go to Easter Seals Nova Scotia in support of Nova Scotians with physical disabilities.

Get your photo with the Easter Bunny:

March 27 – 10am to 8pm  
March 28 – 12pm to 5pm  
March 29 – April 1 – 2pm to 6pm  
April 2 – Good Friday – Mall Closed  
April 3 – 10am to 8pm  
April 4 – Easter Sunday – Mall Closed



MIC MAC MALL

**Quebec trucker arrested for allegedly smuggling drugs**

A 57-year-old trucker from Sorel-Tracy, Que., has been arrested in Arkansas for allegedly transporting large amounts of cocaine. THE CANADIAN PRESS

canada 7

# Report raps security

Four stowaways escaped from Halifax terminal

**A Transport Canada report into the escape of four Algerian stowaways from a Halifax terminal two years ago says there was a need for updated phone lists and security procedures at the port gate where the men ran away.**

The report's four recommendations are blacked out, but it said that since the March 16, 2008, incident, the terminal and police have had to work on some basic problems.

"All gates at the port now have updated phone lists and protocols have been established for dealing with stowaway incidents," said the review, obtained under access-to-information legislation.

Senator Colin Kenny, a former chairman of the national security and defence committee, said the revelation is a disturbing signal that the four agencies involved in port security — RCMP, Transport

Canada, Canada Border Services Agency and the Department of Public Safety — didn't work closely together.

The report says since the incident, an 11-member RCMP unit known as the National Port Enforcement Team is now the point of contact "for any incidents of potential national security and terrorism on the ports, including stowaways."

THE CANADIAN PRESS

## 'Straight shooter' remembered

**EDMONTON** Comrades of the latest Canadian soldier to die while on the mission in Afghanistan remember Cpl. Darren Fitzpatrick as a straight shooter — in all senses of the term.

"He was very, very good — especially with a rifle. He was an amazing shot," said Cpl. Cole Prier, a fellow member of the Edmonton-based 3rd Battalion, Princess Patricia's Canadian Light Infantry, who went through all his training with the 21-year-old infantryman.

But Fitzgerald's friends valued him for much more than his military skills.

"He was a very honest individual," Prier recalled yesterday. "If you asked him a question, you got a



Lt.-Col. Peter Dawe, the 3rd Battalion's commanding officer, said Cpl. Darren Fitzpatrick's family is grateful for "medical miracles."

straight answer. He was a very genuine person. You knew how he felt about everything because he let you know."

Fitzgerald, who was from Prince George, B.C., suffered extensive lower-body trauma March 6 when an improvised explosive device went off in

Afghanistan's Zhari district.

Lt.-Col. Peter Dawe, commanding officer of the 3rd PPCLI, said Fitzgerald had been helping provide security to a group of fellow Canadian soldiers working as mentors with the Afghan National Army.

THE CANADIAN PRESS

## Haiti audit on way: Tories

**OTTAWA** The Conservative government promises to keep a close eye on its signature aid project in Haiti, which was awarded for \$12 million without a public bidding process.

Public Works Minister Rona Ambrose made the promise during question period.

The project to build a temporary shelter for the Haitian government was awarded to a prominent Alberta company, a subsidiary of Calgary-based ATCO Ltd.

The company has three Conservative donors on its board of directors.

THE CANADIAN PRESS

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Chris Hughes, co-founder of Facebook, has started a new social networking site for charities. Hughes left Facebook in 2007 to work on the online portion of Barack Obama's presidential campaign, which some say helped turn America in Obama's favour. The new site is called Jumo. METRO NEWS SERVICES

# World



## Biden adds emphasis to moment

U.S. Vice-President Joe Biden added a little flair to President Barack Obama's signing of the historic health care bill at yesterday's White House ceremony. "This is a big f--- deal," Biden told Obama after introducing him. Biden appeared to be offering that perspective to Obama privately, but his remark was captured on audio and video.

THE ASSOCIATED PRESS

## Eight children killed in Chinese school attack

**A former medical worker stabbed to death eight young children and wounded five others yesterday in a bloody rampage outside an elementary school in eastern China.**

The 41-year-old attacker struck in the morning as students arrived for classes, mingling with parents at the school gates before suddenly pulling out his knife and slashing children, according to witnesses interviewed on local television.

In the aftermath, doctors treated small children and bodies lay covered in bloody sheets after the attack at Nanping City Experimental Elementary School in Fujian province. Police officers manned a cordon around the school. Some comforted distraught parents.

China has witnessed a series of school attacks in recent years, most blamed on people with personal grudges or suffering from mental illness.

The rampage in Nanping was finally stopped by passers-by and school security guards and the attacker

### Pattern of attacks in China

- Recent school attacks include a July 2007 assault in which a mentally ill man wielding a wrench wounded 18 children and a teacher in a kindergarten in southern China before fleeing on a motorcycle and trying to stab himself to death. In June the same

year, a man slashed four students, wounding one seriously, in a high school in the southeastern city of Fuzhou, while elsewhere, police shot dead a suspected mentally ill man who threatened to blow up a school in southern China with dynamite.

was arrested, the reports said. The suspect was identified as Zheng Minsheng, 41.

Zheng worked as a senior nurse in a community clinic before resigning last June, the official Xinhua News Agency said.

Zheng was known to have a history of mental illness, said a man in the Nanjing city government office.

An unidentified former co-worker interviewed on Fujian television said Zheng was "difficult to get along with."

Eight children were killed, and five were being treated at a hospital, a city

official said. Six died at the scene, which was smeared with blood from the sidewalk to the floor of an inner reception room. The victims' ages were not immediately known, but Chinese elementary schools typically have students ages six to 12.

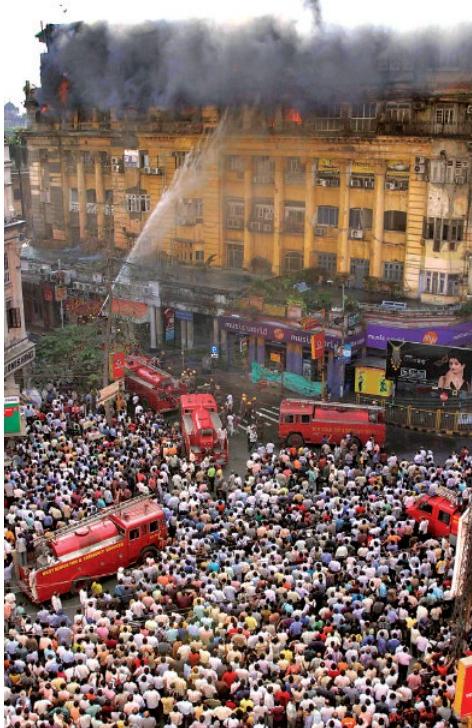
THE ASSOCIATED PRESS



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### India Deadly fire



Last Supper portions keep getting bigger: study

**DIET** Jesus Christ might just have fries with that — and an extra-large pop, no ice — if the Last Supper was tonight.

A new study that nibbles at the roots of modern-day overeating finds 52 depictions of the Last Supper show plate size and portions increasing dramatically over the past millennium.

Between the years 1000 and 2000, the average size of the main entree exploded by 69.2 per cent, plates grew by 65.6 per cent and bread expanded by 23.1 per cent, according to research by academic siblings Brian Wansink, a nutritional science professor at Cornell and author of *Mindless Eating: Why We Eat More Than We Think*, and Craig Wansink, chair of religious studies at Virginia Wesleyan College.

The brothers, whose work was published online yesterday by the International Journal of Obesity, measured items in prominent artworks — including the classic 1498 mural by Leonardo da Vinci — depicting the feast chronicled in the New Testament. The Wansinks determined that artists became increasingly generous with helpings over the centuries.

"The purpose of this study in some respects is to say that maybe, (overeating) is ingrained in us more deeply than we know," Craig Wansink told the Toronto Star. "We're living out standards that we don't really recognize and if we don't recognize that, then that's problematic."

TORSTAR NEWS SERVICE

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"The IWK is a special place that saved my sister Amaya's life. That's a big deal to me, so I do what I can to help by fundraising for the IWK."



### News in brief

**MISSISSIPPI** A school district violated a lesbian student's rights by banning her from bringing her girlfriend to the prom, a federal judge ruled yesterday, but he stopped short of forcing the district to hold the event. U.S. District Judge Glen H. Davidson denied an ACLU request for a preliminary injunction that would have forced the school to allow Constance McMillen to escort her girlfriend. THE ASSOCIATED PRESS

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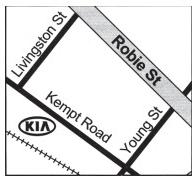
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Researchers and activists in Russia warned yesterday that low taxes on vodka — which are three times less than in the Baltic states — have encouraged heavy drinking among Russians, cutting their average life expectancy by 10 years. About two-thirds of deaths in car accidents in Russia are alcohol-related. **THE ASSOCIATED PRESS**

# An hour a day to keep the flab away

**Rev up the treadmill:  
Sobering new research  
spells out just how much  
exercise women need to  
keep the flab off as they  
age — and it's a lot.**

At least an hour of moderate activity a day is needed for older women at a healthy weight who aren't dieting.

For those who are al-

ready overweight — and that's most American women — even more exercise is called for to avoid gaining weight without eating less, the study results suggest.

"We all have to work at it. If it were easy to be skinny, we would all be skinny," said John Foreyt, a behavioural medicine expert

who reviewed the study but wasn't involved in the research.

Brisk walking, leisurely bicycling and golfing are all examples of moderate exercise.

But don't throw in the towel if you can't do those things for at least an hour a day.

Even a little exercise is

good for your health, even if it won't make you thin, the researchers said.

Their findings are based on 34,079 middle-aged women followed for about 13 years. Most were not on calorie-cutting diets.

The women gained an average of almost six pounds during the study.

**THE ASSOCIATED PRESS**

## Confusion, anger over Google's latest move

**WEB ACCESS** Google Inc.'s partial withdrawal from China brought condemnation and signs of pressure from the government yesterday, while leaving web surfers to wonder whether a new search engine site in Hong Kong would be blocked by censors.

Google's decision to move most of its China-based search functions from the mainland to Hong Kong — a former British colony that retains special status but within Beijing's control — opened a new phase in a two-month-long fracas pitting the world's most powerful Internet company against a government that tightly restricts the web in the planet's most populous market.

Executives briefed nervous employees about what lines of the company's business would continue. At least one client who stopped in and was anxious about his Google advertising account found staff members confused.

"Nobody in there could give me a clear answer," said Pan Yun, manager of a Beijing real-estate web site.

**THE ASSOCIATED PRESS**

## Finally, closure in N.J. cold case

**MURDER** In 1978, five teenage boys disappeared without a trace in what would become one of the longest and most baffling missing-persons cases New Jersey has ever seen.

Thirty-two years later, prosecutors announced the arrests of two men and disclosed the victims' fate: They were herded at gunpoint into an abandoned building in a dispute over missing drugs and burned to death.

"For years, their families have wondered what happened on that August day," acting Essex County Prosecutor Robert Laurino said yesterday. "We believe that question has been answered."

**THE ASSOCIATED PRESS**

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**Comment**

## Testing the limits of free speech

**TheWestView**
**Paul Sullivan**


metronews.ca/thewestview

**W**ho is that blond lady and why is everyone so afraid of her? I'm talking about Ann Coulter, the right-wing designer pundit from the U.S. currently cutting a swath through Ontario and heading for Calgary, where right-wing pundits roam freely and the skies are not

cloudy all day.

She's probably the only good-looking fashionable right-wing pundit in America, which isn't hard when the competition is Rush Limbaugh and Bill O'Reilly.

But while Coulter looks nice, she sure doesn't sound nice. In fact, she writes books called Treason, and Guilty, and says the nastiest things about liberals, or Democrats, as they're called in the U.S.

Here's one of the nastiest: "Whether they are defending the Soviet Union or bleating for Saddam Hussein, liberals are always against America. They are either traitors or idiots, and

on the matter of America's self-preservation, the difference is irrelevant."

Woo. Fightin' words.

But she's got a million of them, so many, in fact, a few have leaked out on her scorched earth tour of Canada. She told a Muslim student at one gathering to "get a camel" because she should be on a no-fly list, and commented that gay men

Ann Coulter

can't throw a baseball "without looking like a girl." I can hardly wait until she starts to get really comfortable in Canada.

Coulter was in trouble even before she got here. Her firebrand right-wing zingers so worried a VP at the University of Ottawa, the poor man thought it was a good idea to send her a pre-emptive note reminding her

that in Canada our laws on free speech are "different" here and "I therefore encourage you to educate yourself, if need be, as to what is acceptable in Canada and to do so before your planned visit here."

You don't have to be Ann Coulter to be offended by the patronizing tone of that, but she's something else. She has termed herself a victim of a "hate crime" and will file a complaint to the Human Rights Commission. The letter is a hate crime, she reasons, "or the whole commission is BS."

Ann Coulter and her fellow bigmouths do serve a

function: They test the limits of freedom of expression. There's no one like her in this country, not even guys like Ezra Levant and Mark Steyn, who fly on her wing. Everyone here has either been cowed into politeness by the threat of ceaseless official harassment, or honestly believes we all have to be nice to each other in order to get along.

But freedom is noisy. And Ann Coulter, like it or not, is the noise that freedom makes.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting. vancouverletters@metronews.ca.

**Word on the street: How will you spend Earth Hour this Saturday?**
**Holly White**  
Halifax

A: I'll be in the dark. I'll probably be doing homework by candlelight.


**Clark Richards**  
Halifax

A: I'll be spending it in the dark.


**Kaitlyn Janice**  
Halifax

A: A couple of friends and I are trying to create a drum circle and hang out. We want to get a bunch of people to come — maybe have a bonfire.


**Salvador Garcia**  
Edmonton

A: I plan to shut off everything in my house, including my TV, and unplug all that stuff. I'll chill out in the dark and probably take a nap.


**Loralie Frandsen**  
Comox Valley, B.C.

A: Hopefully, I'll be on the beach, making out with my boyfriend, drinking a bottle of wine.


**Gerald Rotering**  
Calgary

A: We're going to shut down the extra fans, lighting and electrical in the apartment. We participate every year.

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# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Was stimulus a dud?

Think-tank downplays government's role in economic recovery

**A prominent think-tank says Canadian government stimulus packages had little to do with last year's economic recovery, crediting private investment and increased exports for the rebound.**

The Fraser Institute says spending packages by both federal and provincial governments had a minimal impact on last year's im-

provement in Canada's gross domestic product, the key measure of economic strength.

The Vancouver-based group, an advocate of free-market economic policies, released a report saying stimulus measures contributed just 0.2 per cent to GDP growth between the second quarter and third quarter of 2009.

In contrast, official statistics indicate the economy grew by 1.1 per cent over the same period.

The report says government spending and investment contributed nothing at all to the one per cent improvement recorded between the third quarter and fourth quarter.

The report was compiled by analysing Statistics

Canada data on the economic impact of government spending and investment as well as private sector activity.

The institute says its findings are not surprising considering Ottawa earmarked 40 per cent of its stimulus funds for infrastructure projects, which take time to implement.

THE CANADIAN PRESS

## Rising interest rates a boon for housing sector: Report

**HOUSING** The prospect of rising interest rates will keep Canada's housing boom going this spring, a Scotiabank report predicted Tuesday.

The report predicted most regions of the country will remain sellers' markets for the first half of the year.

"I think you're going to have very active spring market, probably some cooling off in the second half of the year," Adrienne Warren, the Scotiabank economist who wrote the report, said in a presentation Tuesday.

"We're looking at once in a lifetime interest rates that people are taking advantage of ... but certainly confidence is coming back, the job markets are stabilizing," she said.

Housing starts, Scotia-

**10** Scotiabank predicts home sales will rise by 10 per cent this year, to a total of 519,000, which is just shy of the record set in 2007.

bank expected, will reach 190,000, up from 149,000 last year.

Warren said the spring rush will also be helped by an influx of buyers hoping to avoid tighter mortgage lending rules and the introduction of the harmonized sales tax in Ontario and B.C.

Economists expect the Bank of Canada to raise interest rates by between half a percentage point and a full point over several months beginning in late spring or early summer to fight inflation.

THE CANADIAN PRESS

## Toyota's mat recall not its first

**AUTOMOTIVE** CBC reports that Toyota recalled cars in 2003 because of fears sliding floor mats would jam the gas pedal — almost seven years before a similar large-scale recall.

The network says critics in Canada and the United States say the 2003 recall shows that sliding floor mats in Toyota vehicles have been a problem for some time.

In 2003, Toyota recalled 400 Celicas because of the "potential" danger caused by the mats, a CBC analysis of 12 years of Transport Canada vehicle recall data found.

In 2009, drivers of Toyota models including the

2009 and 2010 Rav4 and Matrix were told that "on certain vehicles, if the specifically designed all-weather floor mat for that vehicle is not secured by the retaining clip or placed on top of an existing mat, the mat could move forward and may interfere with the accelerator pedal."

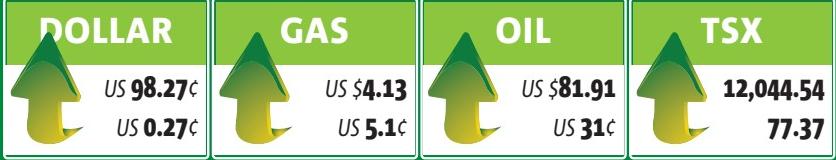
THE CANADIAN PRESS



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**Pharma giants pledges to help vaccinate developing world**  
GlaxoSmithKline and Pfizer Inc. made a 10-year commitment to supply developing nations with new pneumonia vaccines, the Geneva-based public-private partnership GAVI Alliance said yesterday. THE ASSOCIATED PRESS

## Real-estate plenty competitive: Agents

**COMPETITION** Thousands of independent Canadian real estate agents who battle daily for clients cannot fathom why the competition watchdog believes the industry is "anti-competitive," says the head of one of Canada's largest brokerages.

Philip Soper, president of Royal LePage, says many of his agents are confused about why the federal Competition Bureau continues to bemoan a lack of choice even after the industry voted to introduce more service flexibility.

"(The realtors) feel that they live in a hyper-competitive industry where they have to fight for every piece of business," he said in an interview Tuesday.

"What they see is heavy competition day after day, and so when an official body states they believe there isn't competition, they find that disturbing and they can't understand why."

The Canadian Real Estate Association, which represents about 98,000 realtors, loosened its rules Monday to lift restrictions on realtors' minimum service requirements and allow consumers to use an agent to simply list their property

### Restriction

- The Canadian Real Estate Association allows only its members to post homes for sale on its database, which is operated by regional real estate boards and where the vast majority of homes in Canada are sold.

and handle the details on their own.

But the Competition Bureau rejected those changes saying they do not create more choice for home buyers and sellers, and instead give realtors a "blank cheque" to impose new anti-competitive rules.

The bureau said it will continue to pursue an application filed with the Competition Tribunal in February seeking to strike down CREA's rules on the use of its Multiple Listings Service, which it has said restrict consumers' ability to conduct real estate transactions without an agent.

Soper said the changes to the association's rules to give agents more flexibility to offer "a la carte" services, will prompt an increase in the number of discount brokerages working for a low fee to post a listing.

THE CANADIAN PRESS

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## Greece Fighting fire with fire



A protesting firefighter holds a flare in the streets of Athens during yesterday's demonstration against the Greek government's austerity measures in Athens. Some 500 firefighters took part in the peaceful march, protesting cuts to their salaries under measures intended to save the debt-ridden country some 4.8 billion euros this year.

### Bank boss wants to see expansion

**GROWTH** Bank of Montreal chief executive Bill Downe says Canadian businesses should look beyond the border to expand now that the economy is recovering.

Downe told the bank's annual meeting in Winnipeg yesterday that both BMO and its business customers have the opportunity for growth.

"Given the relative strength in the economy, businesses have a rare opportunity and clear incentives to step up innovation and their investment in leading edge equipment."

THE CANADIAN PRESS

### In brief

**GAMES** Nintendo said Tuesday it would soon begin selling the "3DS," a 3-D version of its handheld. THE CANADIAN PRESS

**Yellow Pages fingers get makeover**

Yellow Media Inc. unveiled a new Yellow Pages logo yesterday as it looks for increased digital growth with more web-based services. THE CANADIAN PRESS

**business 13**

# Clearwater cuts loss even as revenues slide

**Clearwater Seafoods Limited Partnership had a \$2.2-million loss in the fourth quarter, feeling the impact of lower sales volumes, tighter margins for lobsters and a higher Canadian dollar.**

The Halifax-based company reported that the loss was worth four cents per basic unit, and was significantly improved from the \$81.7-million loss reported a year ago, worth \$1.60 per basic share.

However, revenues slipped to \$68.4 million from \$86.1 million.

The company had also reported profits in the first three quarters of 2009 but fell into the red again in

**"Exchange rates, which were favourable for the first part of the year on U.S. dollars, were 13 per cent lower in the fourth quarter of 2009 as compared to 2008."**

Clearwater Seafoods in a release

the final three months of the year.

"Exchange rates, which were favourable for the first part of the year on U.S. dollars, were 13 per

cent lower in the fourth quarter of 2009 as compared to 2008," the company said in a release.

Those factors were combined with weakened market conditions in both the U.S. and Japan, which affected sales and weakened margins for lobsters.

Clearwater didn't announce year-earlier figures, and representatives for the company weren't immediately available.

For the year, Clearwater reported a \$25.8-million profit compared to a \$102.4-million loss in 2008. Revenue was down to \$284.1 million from \$301.2 million.

THE CANADIAN PRESS

**Business in brief**

**STATISTICS CANADA** The composite index rose 0.8 per cent in February as nine of 10 components rose. Statistics Canada reports household demand led the increase, while manufacturing continued to recover. The housing index accelerated to 1.7 per cent growth, after

slowing over the previous four months. However, all of the increase originated in higher housing starts, as existing home sales fell for the first time since February 2009. The leading indicator for the United States grew 0.8 per cent, matching the ninth straight in-

crease for Canada. The agency says consumer confidence has been slower to recover than in Canada, as jobs have lagged in the United States. With the U.S. economy continuing to rebound, manufacturing orders and sales rose in Canada.

THE CANADIAN PRESS

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## More People Are Using The Services Of The BBB Than Ever Before.

**HALIFAX, NS FEBRUARY 10, 2010** – Consumers and businesses turned to the BBB Serving the Maritime Provinces more than six hundred and seventy five thousand times last year, an over 100 percent increase in activity from 2008.

"The BBB is the go-to source for information on how businesses conduct themselves with customers, suppliers and other companies," said Don MacKinnon, president and CEO of the BBB Serving the Maritime Provinces. "The BBB's Reliability Reports and the letter grade system introduced last year can help consumers make wise choices in tough times."

BBB Reliability Reports and letter grades from A+ to F reflect customers' experience with the businesses over a three-year period. Grades are based on 16 factors, including how long a company has been in business, how it handles disputes and whether complaints are addressed promptly, among other variables.

Requests for BBB reports on businesses jumped to 263,692 up 122 percent from 2008. Complaints declined slightly to 1491 from 1619. The BBB fielded 2551 telephone calls. However, the bulk of traffic came through the local BBB website, which logged 348,943 page views for the year.

The BBB's dispute resolution service was able to obtain responses for 80 percent of the 1491 complaints filed with the BBB by consumers, and 70 percent were resolved, including many by informal mediation.

Consumers may obtain Reliability Reports 24 hours a day by going online to [www.maritimeprovinces.bbb.org](http://www.maritimeprovinces.bbb.org) or by calling 902-422-6581 twenty-four hours a day, seven days a week. Counseling services are available from 9am to 3pm, Monday thru Friday.

### Top Ten Industries for Inquiries for 2009

- |                              |      |
|------------------------------|------|
| 1. Paving Contractors        | 5400 |
| 2. Roofing Contractors       | 5160 |
| 3. Auto Dealers-New Cars     | 3186 |
| 4. Construction & Remodeling | 2232 |
| 5. Auto Dealers-Used Cars    | 1970 |
| 6. Movers                    | 1686 |
| 7. Contractors -General      | 1677 |
| 8. Plumbing Contractors      | 1396 |
| 9. Lotteries-Foreign         | 1391 |
| 10. Landscape Contractors    | 1234 |

### Top Ten Industries for Complaints for 2009

- |                                |
|--------------------------------|
| 1. Telephone Communications    |
| 2. Auto Dealers-New Cars       |
| 3. Internet Services           |
| 4. Paving Contractors          |
| 5. Furniture-Retail            |
| 6. Cellular Telephone Services |
| 7. Auto Dealers-Used Cars      |
| 8. Auto Repair & Services      |
| 9. Internet Shopping           |
| 10. Roofing Contractors        |

### Upcoming 2010 Events

**Scam Jam:** March 24, 9:30am-2:30pm, Mic Mac Mall Bay Court

**11th Annual Golf Classic:** June 17, Granite Springs Golf Course

**6th Annual Maritime Business Ethics Award:** November 24, Trade Centre

For more info visit [www.maritimeprovinces.bbb.org](http://www.maritimeprovinces.bbb.org)

## BBB Annual General Meeting and Breakfast

**When:** Wednesday, April 14, 2010

**Where:** Westin Hotel, Halifax • 7:30am – 9:00am

**Special Guest Speaker:** The Honourable Ramona Jennex, Minister of Service Nova Scotia & Municipal Relations

**BBB Accredited Business:** free

**Non-BBB Accredited Business:** \$25.00+hst

For ticket info please visit [www.maritimeprovinces.bbb.org](http://www.maritimeprovinces.bbb.org)

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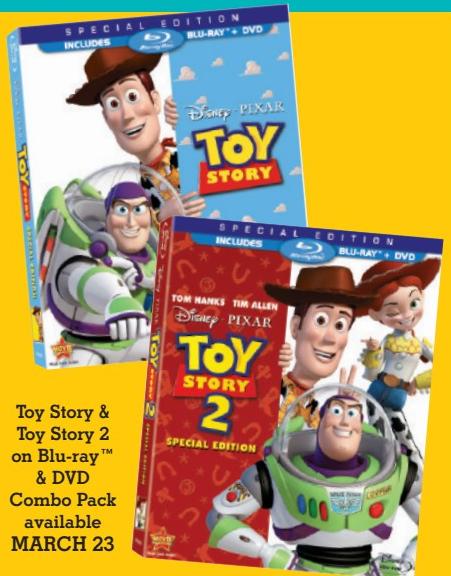




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metro

**14**

Mike McLean will focus on teaching religion after being fired as head football coach for the York Lions. A York official said McLean, a former Huskies defensive co-ordinator, was let go because of "serious philosophical differences." TORSTAR NEWS SERVICE

metronews.ca

Wednesday, March 24, 2010

# Sports

EDITOR: DON.MCHOUILL@METRONEWS.CA

## Turner turning heads

MATTHEW WUEST  
matthew.wuest@metronews.ca

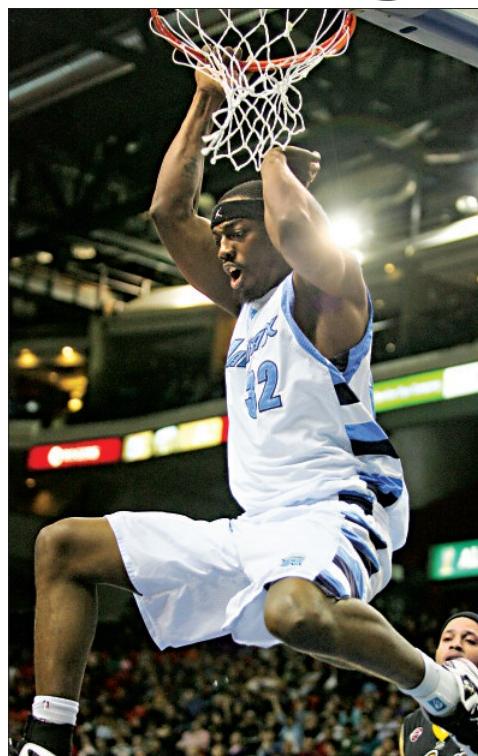
**The Halifax Rainmen  
hope they've found the  
answer in their quest to  
find a big man.**

Larry Turner, who signed two weeks ago, has made a favourable early impression on the team's brass, especially after a 10-point, seven-rebound effort while going head-to-head with some of the Premier Basketball League's best in the paint during Sunday's big win over the Puerto Rico Capitanes.

"I think he's our answer," Rainmen owner Andre Levingston said. "He's physical, gives us a big presence, he takes up space, he rebounds, and he's mean. I don't think we need anything else there. He's one of the best bigs we've ever had."

Turner, who is a muscular six-foot-11 and who showed enough promise to earn a two-year contract with the Los Angeles Lakers in 2007, allows six-foot-10 Marc Mazur to come off the bench and prevents veteran John Strickland and rookie DeAndre Thomas from logging more time than they're capable of.

His arrival is important



Ryan Lunn/Metro Halifax

Larry Turner scored 10 points and collected seven rebounds in Sunday's win over the Capitanes.

with the PBL transaction deadline coming up on Friday.

"We're not actively look-

ing to make any changes," Levingston said. "If something presents itself to put us in a better position,

**"I think he's our  
answer ... He's one  
of the best bigs  
we've ever had."**

Rainmen owner Andre Levingston on Larry Turner

we'll look at it. But we're excited about where we are. We think we can beat anybody in the league and we've proven that."

Levingston said point guard Taliek Brown will not rejoin the Rainmen this season because of a rule that stipulates players must appear in a minimum of four PBL games to dress in the post-season. Brown signed earlier this month but left the team before appearing in a game because of a death in his family.

The Rainmen have only five games remaining.

The fourth-place Rainmen, 10-5, visit the Maryland Greenhawks, 3-14, on Friday before returning home to face the first-place Lawton-Fort Sill Cavalry, 15-2, on Saturday at 7 p.m. The Cavalry have won 12 straight games and have usurped the Capitanes atop the PBL standings.

### Screaming Eagles facing elimination

**QMJHL** David Savard has put the Cape Breton Screaming Eagles on the brink of elimination.

The Moncton Wildcats captain scored the overtime winner at 14:40 of the extra frame to lift his team to a 3-2 victory over the Screaming Eagles last night in Sydney, giving them a 3-0 stranglehold in the best-of-seven QMJHL first round.

Wildcats star Nicolas Deschamps scored twice in regulation before the Screaming Eagles battled back in the third with goals from Maxime Legault and Viktor Hertzberg.

Game 4 is tonight at 7 p.m. in Sydney.

In the other all-Maritime series, the Saint John Sea Dogs grabbed a 2-1 series lead over the host P.E.I. Rocket with a 3-0 win in Charlottetown. METRO HALIFAX



Jeremie Fraser

**HOCKEY** International Scouting Service has pegged defenceman Jeremie Fraser as the top prospect for the QMJHL draft in its latest monthly ranking.

Fraser, who will draw interest from the Halifax Mooseheads when the club picks either first or second overall in June's draft, had six goals and 14 assists for 20 points along with 115 penalty minutes in 34 games with Gatineau in the Quebec midget AAA ranks.

"He's a stud," said ISS scout Chris Mooring of the six-foot-one 198-pounder. "He's an offensive defenceman and he could be a game-breaker."

Fraser edged out forward

Louick Marcotte for the top spot on the March list, ISS's second-to-last ranking of the season. Marcotte, a six-foot, 167-pound right winger, was 15th in scoring in the Quebec midget AAA ranks with 23 goals and 23 assists for 46 points in 42 games.

The Mooseheads, who need scoring, could look to the dynamic Marcotte,

among others, to provide it.

"He's probably the most offensively skilled forward in the draft with the skating, size and everything he's got going for him," Mooring said. "He's a goal-scorer, too."

Marcotte's ISS ranking has risen since Christmas because of improved consistency, a knock on him earlier in the season.

Dominic Poulin, a two-way defenceman, is ranked third; Taylor Burke, a big, two-way forward from Halifax, is fourth; and Stephane Matteau, a forward, is fifth.

ISS will release its final ranking in May.

A coin flip on April 1 will determine whether the Mooseheads or Baie-Comeau Drakkar will draft No. 1 in Drummondville, Que., in June.

**Canseco tweets about subpoena**

Jose Canseco says he has been subpoenaed by a grand jury investigating whether Roger Clemens lied to Congress when he denied using performance-enhancing drugs. Canseco posted on Twitter yesterday that he had received a subpoena to appear before the grand jury "about roger clemens, andrew pettitte and others" on April 8. **THE ASSOCIATED PRESS**

# Rule divides NHL, union

**The NHL is growing impatient with the players' union while it continues to mull over a proposed rule outlawing blindside hits to the head.**

In an effort to speed up the process, the league's board of governors unanimously approved the head shots rule last night even though it has yet to hear back from the NHL Players' Association or competition committee.

The collective bargaining agreement calls for rules to go through the competition committee before being voted on by the board, but deputy commissioner Bill Daly indicated the league might not adhere to that process in this instance.

"As we have stated repeatedly in the past, the creation of the competition committee has not eliminated the role of the board of governors in passing and implementing rules that it deems to be in

the best interests of the game," Daly said in an email. "While we are intent on continuing to work with the PA and the competition committee as we have been doing for the better part of two weeks now, to the extent we do not receive a timely answer, we will have to make our own decisions in the best interests of the game and the players."

The union doesn't believe the league has that power.

The NHLPA intends to send its response back to the league this week.

THE CANADIAN PRESS



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NATHAN DENTON/THE CANADIAN PRESS

Canada skip Jennifer Jones throws her rock down ice while playing against Denmark yesterday.

## Jones puts questions about 2014 Olympic run on hold

**CURLING** Jennifer Jones and her teammates are putting off a major decision about their future until after the women's world curling championships.

The dominant women's curling team in Canada over the last few years has yet to decide whether it will make a run at representing its country at the 2014 Winter Olympics in Sochi, Russia.

"It's a long time and it's a lot of sacrifices," Jones said. "I just want to get through the year and figure it out from there."

Jones, third Cathy-Overton Clapham, second Jill Officer and lead Dawn Askin were the favourites to win the Olympic trials in De-

cember and go to the 2010 Games in Vancouver. But the Winnipeg team didn't even get close with a 2-5 record. Calgary's Cheryl Bernard won the berth and an Olympic silver medal.

"We certainly didn't perform to our potential at the trials," Officer admitted. "We were disappointed and devastated about that. We had the opportunity and it just didn't work out for us."

Jones has started strong at these world championships, winning a sixth straight game yesterday morning. Jones was alone at 6-0 following a 9-6 win over Angelina Jensen of Denmark and was to face Erika Brown of the U.S. (5-1) at night.

THE CANADIAN PRESS

## SCOREBOARD

### NHL

#### YESTERDAY'S RESULTS

Florida 4 Toronto 1  
Ottawa 2 Philadelphia 0  
Boston 4 Atlanta 0  
New Jersey 6 Columbus 3  
Tampa Bay 3 Carolina 2 (OT)  
Dallas 3 Nashville 1  
San Jose 4 Minnesota 1  
Chicago 2 Phoenix 0  
Anaheim at Calgary  
Vancouver at Edmonton

#### TODAY'S GAMES

N.Y. Islanders at N.Y. Rangers, 8 p.m.  
Pittsburgh at Washington, 8 p.m.  
Montreal at Buffalo, 8:30 p.m.  
St. Louis at Detroit, 8:30 p.m.  
Los Angeles at Colorado, 10 p.m.  
Anaheim at Vancouver, 11 p.m.

### EASTERN CONFERENCE OVERALL STANDINGS

	GP	W	L	OL	GF	GA	Pts
d-Washington	72	48	14	10	383	203	108
d-New Jersey	72	43	25	4	195	172	90
d-Buffalo	71	39	22	10	200	180	88
Pittsburgh	73	42	25	6	225	208	90
Ottawa	74	39	30	5	198	212	83
Philadelphia	73	37	31	5	212	200	79
Montreal	73	36	30	7	196	200	79
Boston	72	33	27	12	180	181	78

### WESTERN CONFERENCE OVERALL STANDINGS

	GP	W	L	OL	GF	GA	Pts
Calgary	73	37	27	9	187	182	83
Dallas	73	32	27	14	211	231	78
St. Louis	72	34	29	9	196	199	77
Anaheim	72	34	30	8	204	220	76
Minnesota	73	35	32	6	199	215	76
Columbus	73	29	32	12	190	235	70
Edmonton	73	24	42	7	187	250	55

### NBA

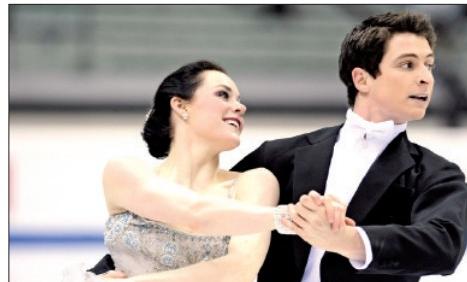
#### YESTERDAY'S RESULTS

Charlotte 95 Washington 86 (OT)  
Indiana 98 Detroit 83  
New York 109 Denver 104  
L.A. Clippers at Dallas

#### TODAY'S GAMES

Orlando at Atlanta, 8 p.m.  
Denver at Boston, 8 p.m.  
Minnesota at Chicago, 8 p.m.  
Washington at Indiana, 8 p.m.  
Utah at Toronto, 8 p.m.  
Sacramento at New Jersey, 8:30 p.m.  
Philadelphia at Milwaukee, 9 p.m.  
Cleveland at New Orleans, 9 p.m.  
Houston at Oklahoma City, 9 p.m.  
L.A. Lakers at San Antonio, 10:30 p.m.  
Memphis at Golden State, 11:30 p.m.

y - clinched division title,  
d - division leaders ranked 1-2 regardless of points



PAUL CHASSON/THE CANADIAN PRESS

Tessa Virtue and Scott Moir perform their compulsory dance yesterday at the world figure skating championships in Turin, Italy.

## Virtue, Moir get top marks in compulsory dance

**SKATING** Tessa Virtue and Scott Moir were the picture of elegance gliding around the Palavela ice, she in glamorous silver and sequins, he in bow tie and tails, their execution of the Golden Waltz exquisite.

But don't be fooled by their polished performance in the compulsory dance that vaulted the Canadians into the lead at the world figure skating championships. Virtue and Moir are far from fans of what they believe is an antiquated element of ice dance, and will be thrilled to see it go.

"We think it's a little outdated and I don't think that the results really speak true when they come out after compulsory dances, and I don't think it's necessary anymore in today's sport of ice dance," Moir said. "I think it has kind of come a long way and (the compulsory dance) is kind of holding us back."

A month after capturing Canada's first Olympic ice dance gold in Vancouver,

### Last dance?

- The ice dancers were performing what might have been the last compulsory dance in international competition. The International Skating Union wants to reduce ice dance to two segments to conform with men's, women's and pairs.
- The compulsory program is to ice dance what figures used to be to singles skating, a long afternoon of skaters performing the same steps to music of a specified tempo.

Virtue, from London, Ont., and Moir, from Ilderton, Ont., picked up where they left off, posting a score of 44.13 points for their Golden Waltz, the compulsory dance drawn for the world championships.

Americans Meryl Davis and Charlie White, silver medallists in Vancouver and friends and training partners of Virtue and Moir, scored 43.25 to leave them second.

THE CANADIAN PRESS

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## Sports in brief

**SOCCER** Wolverhampton Wanderers won 3-1 at West Ham yesterday to leave its English Premier League rival deep in relegation trouble. Wolves' biggest win of the season took their unbeaten streak to three matches and lifted them one place to 15th.

**BASEBALL** New York Mets shortstop Jose Reyes has been cleared to resume baseball activities after doctors determined his thyroid levels have returned to normal. Mets general manager Omar Minaya said Reyes will resume full workouts today.

**LUGE** The head of the Vancouver Olympics, an Olympic gold medallist and other dignitaries attended a ceremony yesterday at the grave of the Georgian luger killed during a practice run at last month's Winter Games. Vancouver organizing committee president John Furlong, luge gold medalist Felix Loch, International Luge Federation president Josef Fendt and other athletes and officials came to the hometown of Nodar Kumarini.

tashvili, who died hours before the opening of the games Feb. 12.

**NFL** Kyle Orton remains the Denver Broncos' starting quarterback, and Brady Quinn is going to have to unseat him if he wants to be the one under centre when the season starts in six months, coach Josh McDaniels said yesterday.

**HOCKEY** Mark Messier has selected a former teammate to coach Canada's team at the upcoming IIHF World Hockey Championship. The Canadian general manager named Craig MacTavish the team's head coach yesterday.

**NBA** Prosecutors say Washington Wizards star Gilbert Arenas tried to pressure teammate Javaris Crittenton into covering up their locker-room confrontation in December. Assistant U.S. Attorney Christopher Kavanaugh made the allegation in a court filing yesterday as he advocated for a three-month jail sentence for Arenas for bringing guns to the Verizon Center.

METRO NEWS SERVICES

**FOOTBALL** Sudden death has gotten a little less sudden in the NFL playoffs.

The league yesterday changed its overtime rules for post-season games. Starting next season, if a team wins the coin toss and then kicks a field goal, the other team gets the ball. If that next series ends with another field goal, play will continue under the current sudden-death rules.

If the team winning the toss immediately scores a touchdown, however, the game is over.

Team owners voted 28-4 yesterday in favour of the proposal at the NFL meetings. Minnesota, Buffalo, Cincinnati and Baltimore opposed the change.

Passage was helped by commissioner Roger Goodell's support and by a spate of statistics indicating the

**34** Statistics showed that since 1994, the team that won the overtime coin toss won the game on the first possession 34 per cent of the time.

coin toss had become too prominent in determining OT winners.

Minnesota lost last season's NFC championship game in overtime to New Orleans. The Saints won the toss, drove downfield and kicked a field goal to win.

"Modified sudden death is an opportunity to make a pretty good rule ... even better," said Atlanta Falcons president Rich McKay, co-chairman of the competition committee. "Statistically, it needed to change. It wasn't producing the 'fairest result.'"

THE ASSOCIATED PRESS

THE CANADIAN PRESS

The First Nations University of Canada's new board of governors has dismissed the university's president and vice-president of finance and administration, who were among six senior administrators suspended last month when an interim board was put in place. METRO NEWS SERVICES

# Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Debt-ridden uMontreal sells convent

In light of its precarious fiscal situation, the Université de Montréal will sell the former convent Mount Jesus and Mary so it can be converted into condominiums. With an annual deficit of \$15 million and a debt of \$154 million, uMontreal says it would irresponsible to keep a facility where 85 per cent of the area is unoccupied and costs more than \$1 million every year to maintain, insure, and secure.

METRO NEWS SERVICES

# Designing your future

Engineering promises to be exciting now and down the road

### Engineering the Future

**Metro Workology is focusing on careers and education in the engineering sector for the month of March to celebrate National Engineering Month. Check back every Wednesday.**

JON TATTRIE  
for Metro Canada

**The theme of National Engineering Month 2010 is "design the future," and experts say the future is getting very big and very small.**

John McLaughlin is a professor of geomatics engineering at the University of New Brunswick. In 2005, he chaired a Canadian Academy of Engineering task force exploring engineering's future.

He sees engineers tackling massive-scale issues



In one way or another, engineers are the key to our future here on earth, be it biomedical, agriculture or software engineering.

like smart continental power grids that would improve energy efficiency and prevent large-scale black outs. He also sees engineers going deeper into nanotechnology as they become the "doctors of the 21st century" in biomedicine and by designing better drugs and medical equipment.

"In the depths of engineering, the way you organize and address problems at massively different scales is interesting," he says. "The really interesting stuff is going on at the intersections with other fields."

That synthesis will see engineers work in business, urban planning, textiles

and medicine. McLaughlin recently met a young aviation engineer who uses her masters of fine arts to help re-imagine what a corporate jet could look like.

The last epoch of engineering saw increasing specialization in fields like electrical engineering and mechanical engineering. "It

was organized to build a modern, industrial state after (the Second World War)," he says. "It's time to bring engineering back together into some kind of holistic vision."

It's also going to get a lot more human-focused. McLaughlin's mother-in-law is considering a move into a nursing home, but she, like many seniors, wants to stay home as long as she can. Currently, that requires expensive care workers, but in the future, engineers could design technology to safely extend the time seniors can spend at home.

Marie Carter, Engineers

**"I know if I was 18 again and going to university, I'd (have done) biomedical engineering. It is really interesting."**

Engineers Canada COO Marie Carter

Canada's chief operating officer, sees professional engineers becoming engineers of the body.

"We've seen the ability of mechanical engineers to work with electrical engineers and structural engineers and doctors to build advanced prosthetics, hearts and to grow tissue," she says. "I know if I was 18 again and going to university, I'd (have done) biomedical. It is really interesting."

There are also rapid advances in agricultural engineering, which has helped build machines and foods that help developing nations feed their people. Carter sites GPS technology in tractors that allow farmers to harvest grain with extraordinary precision. Food storage is also improving, thanks to engineers.

Software engineering is another dynamic area. "It's interesting how engineering has evolved from the designers of the things we see and touch and use to the designers of the entire system," Carter says.

For more of the Engineering the Future exclusive series check Workology every Wednesday or stop by: [metronews.ca/work](http://metronews.ca/work)

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**Today's youth no worse than their parents**

New research from the University of Western Ontario and Michigan State University finds no evidence of meaningful change in egotism, individualism, life satisfaction, antisocial behaviour, and the importance of social status, among other areas, over the last 30 years. METRO NEWS SERVICES

# Ministry of Labour, the right call?

**WorkplaceLaw**
**Daniel Lublin**


Metronews.ca/workplacelaw

**A**n individual's experience, related below, provides an example of why you should be careful when you call the Ministry of Labour.

Following her termination, an individual contacted the provincial Ministry of Labour, seeking advice about her situation. She had not yet contacted a lawyer and the ministry representative who was randomly assigned to pick up the phone did not immediately encourage her to do so.

The two spoke at length about her matter. The individual explained that she had not been paid termination or severance pay, at which point she was encouraged to make

a statutory complaint. This was the first error.

The Ministry enforces the provincial legislation only, it does not provide a remedy for common law damages such as wrongful dismissal, which in this case actually made up the bulk of this person's claim.

Without training in employment law, neither the ministry representative nor the individual realized their mistake. As a long-term employee, this person was entitled to considerably more than what the Employment Standards Act could offer. As well, since the legislation caps damages at \$10,000, which courts do not, the individual had an upper limit to her claim.

Although the Ministry could easily address and then remedy her complaint, this was not the problem. It was that once it has taken steps to do so, an individual loses



the right to file a wrongful dismissal claim. Here, since this person's damages were in excess of the statutory minimum, the bulk of her damages then would be relinquished — an issue that most employment lawyers would spot as a matter of course.

The Ministry has safeguards, but they are not always effective. After

**"As a long-term employee, this person was entitled to considerably more than what the Employment Standards Act could offer. As well, since the legislation caps damages at \$10,000, which courts do not, the individual had an upper limit to her claim."**

most complaints are made, the Ministry mails the claimant a standard form letter explaining that if the complaint is not withdrawn within two weeks, the claimant will not be able to file a wrongful dismissal claim.

However, since most people will believe, even if incorrectly, that they received "advice" from the Ministry, they are unlikely to withdraw their complaint or later pay for a lawyer's time to obtain a second opinion. The result is that they are then

stuck with their original claim.

This example is not an exception. The Ministry's hotline, which fields calls from prospective complainants, should explain only what the Act says and how it may have been interpreted in the past. There is no mandate to provide recommendations, or worse, to provide advice.

Yet it happens anyway when some of the Ministry's representatives habitually blur this distinction. When they do, the public's interests may be subverted.

Daniel A. Lublin is an employment lawyer with Whitten & Lublin LLP. Reach him at dan@toronto-employmentlawyer.com.

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# Metro Drive



## Post connection

Canada Post will purchase 1,175 Ford Transit Connect vans this year, the largest fleet sale of the model in Canada to date, to replace its aging national fleet of light vehicles.

CANADIANDRIVER.COM

EDITOR: KUMAR SAHA, KUMAR.SAH@METRONEWS.CA

## Pamper car in spring

Vehicles need a little special care after winter

**Between the cold weather, road salt and challenging driving conditions, winter takes a toll on your car. So when spring arrives, it's important to take some time to pamper your vehicle and get ready for warm-weather driving.**

"De-winterizing your car and having a spring check-up can help extend the life of your vehicle," says Michelle Massicotte, associate vice president of car care and accessories at Canadian Tire.

"Have a technician check your car to identify any required maintenance and repair — it will save you money and frustration later on."

In addition to a spring tune-up, experts at Canadi-

an Tire suggest these car care tips to prepare for spring driving:

### CHANGE TIRES

Winter tires can wear out quickly if left on in warm weather, so replace your winter tires with all-season tires as soon as spring arrives. It's also important to have your tires balanced and aligned to ensure a smooth ride.

### WASH CAR EXTERIOR

Make sure your spring cleaning includes a thorough car wash. Salt and sand that accumulate on your car could lead to corrosion and rust if left unwashed, so pay attention to the undercarriage of the car where salt and grime

can cause the most damage.

### REPLACE WIPER BLADES

Wiper blades that leave streaks or a film on the windshield should be replaced to maintain good visibility, which is critical to safe driving. Experts at Canadian Tire suggest replacing wiper blades every six months and choosing the right wipers for your vehicle and driving conditions.

### CHECK OIL AND FLUIDS

Fluids such as oil, coolant and transmission fluid should be checked and topped up regularly to keep your car running smoothly.

You can change the fluids yourself or take your



De-winterizing your car and having a spring check-up can help extend the life of your vehicle

car to an auto service centre and let the professionals do it.

Performing proper car

maintenance will help prolong the life of your vehicle and keep it running safely and reliably. More hints

and products to help shift your car into spring can be found online at [canadiantire.ca](http://canadiantire.ca).

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## Toyota mines past for future FT-86

**CONCEPT** Celica, MR2, Supra, Corolla AE86: Toyota's great driver-focused sports cars of the past have inspired its vision for a future-generation concept model.

In creating the FT-86 (Future Toyota-86) Sports Concept, Toyota has directly referenced the excitement and fundamental fun-to-drive quality that characterized the Corolla AE-86.

In its day the AE86 became a must-have model for rallying and circuit racing, with its front-engine, rear-wheel drive powertrain, compact dimensions,



Toyota sports concept FT-86.

lightweight, impeccable balance and strong power to weight ratio. Even more than 20 years on from the end of production, it remains a popular choice with privateer rally teams.

The FT-86 Sports Concept previews a new-gener-

ation Toyota sports car, designed to recapture the spirit of the AE86, sharing its front-engine, rear-wheel drive credentials.

The FT-86 is designed to deliver simple, dynamic power with environmental responsibility. It is equipped with a free-revving 2.0-litre gasoline unit with a six-speed manual gearbox with compact dimensions. Deployed in a front-engine, rear-wheel drive format, this powertrain delivers lively, accessible performance with dynamic abilities.

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AUTOPRO

# Beware of double a-salt by ocean

JON TATTRIE  
for Metro Canada

Canada is hard on cars and that's especially true along the coasts, with drivers on the Atlantic and Pacific facing a steady a-salt blown in on the ocean wind mixed with a powder kicked up from the road. Drivers shouldn't let their rust guard down in spring, experts say.

Doug Lewis, who works at Rubber Duck Car Wash in Halifax, says the ocean creates temperature fluctuations. "You have a mild day and everything gets wet and then it freezes overnight and they've got to salt the roads," he explains.

Salt stays on the road deep into the spring, even if it's been days since the roads were last salted, he warns.

While motorists notice the salt on the sides of their car because it rubs off on their clothes, it's the salt under the car that is the real danger. "That's why you see cars start to rust out



Salt off the streets and from the ocean form a double whammy for cars close to the Canadian coastline.

around the wheel wells and along the bottom of door panels — that's where you get the build up."

In the winter, regular washes keep the build-up to a minimum, but as soon as you drive out of the car-

wash, your car picks up more salt. Even carwash yards are salted because some of that fresh water cleaning your car gets makes it outside and freezes.

When you take off your

winter tires, take the time to clean all of the salt off your car. You can get on your knees and spray the undercarriage manually, or an automated wash will scour the salt from under your car.

Eytan Rousseau, owner of Vancouver's Dynamic Shine Auto Details, says if you want to keep your vehicle for five years or more, rust proof it so the salt doesn't eat it.

"It coats the inner panels

"You see cars start to rust out around the wheel wells and along the bottom of door panels — that's where you get the (salt) buildup."

Doug Louis of Rubber Duck Car Wash

of the vehicle where rust would tend to start.

Once it's coated, it doesn't come off," he says of the petroleum-based product sprayed all over your car. It's usually done at a dealership or car shop like Rousseau's.

Without that protection, salt will creep into your car. "Rust is like cancer. If you don't cut it out and remove it completely, it'll continue to work its way," he says. "If you're following a vehicle on the Whistler highway and they've salted the road, well, that spray gets all over your car, gets all over the windows (and) the inside panels."

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A clean car, free of clutter and musty odours is more comfortable to drive in, healthier, and looks good too, experts say.

## Don't forget filters during spring time

### AutoPilot

**Michael Goetz**

[metronews.ca/autopilot](http://metronews.ca/autopilot)

**S**hining up your ride is rewarding. But if you're just buffing the outside sheet metal, wiping down the seats, and vacuuming the carpets, you're not fully completing your cleaning assignment.

What about the insides of your engine, transmission, and vent system? It's hard to get a broom inside those components; so automotive engineers have fitted them with five essential filters.

Let's quickly review where you find these vehicle filters, and how often you should change them.

#### ENGINE OIL FILTER

The least expensive filter and the one that has the most bearing on overall vehicle longevity. Like any filter, an oil filter can only suspend so much stuff. When clogged not only is its cleaning ability compromised, but also its ability to keep the oil flowing through the engine at the optimum rate.

Obviously replace the filter at each oil change. Check your owner's manual or on-board oil monitoring system for oil change intervals, but 10K and/or 6 months would be a prudent upper limit.

#### ENGINE AIR FILTER

An engine needs air (or

more precisely oxygen) to combust petroleum.

Like the clogged oil filter, a clogged air filter hinders both cleanliness and flow. And if airflow is compromised, some fuel can go unburned — a dirty, power-robbing, and wasteful outcome.

Generally, air filters can go about 12 to 18 months, or 20-30,000 kms. But have it checked at each oil change.

Or do it yourself, by shining a headlight, flashlight, or trouble light through one side of the filter. If light has trouble getting through, your filter is toast.

#### FUEL FILTER

Fitted between the gas tank and engine, the fuel filter keeps rust, water, dirt, etc., from your entering your combustion chamber.

Once again, when these things get clogged, both cleaning ability and flow are compromised.

If they get really clogged you can look forward to

# Out with winter grime

## A thorough spring clean key to comfortable driving

**Now that winter is slowly making its exit and warm weather has almost arrived, consider giving your car a good spring cleaning, both inside and out.**

The auto experts at Canadian Tire can help with the right tools and tips for getting your car in tip-top shape this spring.

"Canadians spend a lot of time in their cars, so it's important to keep them properly maintained and cleaned after the harsh winter months," says Michelle Massicotte, associate vice president of car

care and accessories at Canadian Tire. "A clean car, free of clutter and musty odours is more comfortable to drive in, healthier, and looks good too."

**INTERIOR CAR CLEANING** Clear out garbage from inside your car. Make sure to check under seats and in the trunk for anything that could be hiding.

Clean the dashboard, consoles, door panels and interior windows. Canadian Tire has special cleaning products to help protect the interior surfaces of your car and keep it looking new.

Remove floor mats and vacuum the carpets and seats.

Replace rubber mats with carpet mats.

#### EXTERIOR CAR CLEANING

Mix a car detergent with water and soap up the car using a sponge. Pay particular attention to areas where dirt has accumulated, such as wheel wells.

Rinse the soap off with a hose. Be sure to give the undercarriage a good rinse to get the salt off to prevent rust and corrosion.

When the car is dry, buff

the exterior with wax for extra shine and protection.

Keeping your car clean is a simple maintenance step that makes a big difference to how your car looks and how you'll feel driving it. Make it fun by inviting friends or family to help you out.

Canadian Tire offers a wide range of carpet mats, cleaning products and accessories to help with your spring cleaning. More hints and products to help shift your car into spring can be found online at [canadiantire.ca](http://canadiantire.ca).

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If you are hitting the road this spring, make sure your car is ready.

stalling and hard starting. Fuel filters are harder to locate; have a mechanic or gear-head friend break the trail for you.

Your owner's manual will stipulate when you should change them, but history has shown us that they usually last about two years or 45K.

#### TRANSMISSION FILTER

If there is a filter change to leave to the profession-

als, it's the automatic transmission filter, as it is accessible only when the pan is removed.

Some newer transmissions, especially CVTs, don't have replaceable filters. But all need to have their fluids changed periodically, which is when you should also change the filter (if there is one). Two years or 50K is a ballpark interval for a transmission service — check your manual.

#### CABIN DUST AND POLLEN FILTER

A lot of people don't even know they have a cabin dust and pollen filter, but most new cars have them. Part of the heating and cooling system, they are usually fitted around the glove box, and can easily be checked and replaced by non-professionals.

They are designed to go about one year, but no harm in checking them every oil change.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.



Surprisingly, the engine oil filter is the least expensive but has the most bearing on the overall longevity of a car.

## Are you ready for that road trip?

**SPRING** The arrival of spring brings exciting road trips and vacations to life, but before you set off on your journey, make sure your car is prepared to get you to your destination safely and stocked with the tools you need in case of an emergency.

The first thing you should do is have your car checked out by a certified technician.

They can identify and fix any maintenance and repair needs so you can avoid expensive or inconvenient repairs on your vacation.

It's also a good idea to have a friend or family member walk around your car while you test and make sure all your lights and indicators are working properly.

Replace any burnt out bulbs immediately to keep you visible and safe on the road.

Be prepared for the un-

expected and ensure your emergency roadside kit is fully stocked and working properly. The roadside kit should include a flashlight and batteries, first aid kit, blanket, emergency triangle, booster cables and rope. You can purchase complete kits or individual pieces at your auto accessories store.

Also, consider investing in an Airman Tire Repair Kit. This kit can save you time and money should you be sidelined by a flat tire. It combines a powerful air compressor with sealant to repair punctured tires within minutes, so you won't have to wait for roadside assistance or install your spare tire.

Taking the time to prepare your car before you hit the road lets you travel worry-free and focus on fun.

NEWS CANADA





Big and roomy, the 2010 Toyota Sienna handles like a much smaller vehicle, with light steering and a tight turning circle.

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# Sienna family friend

JIL MCINTOSH  
for Metro Canada



**Minivans are the survivors of the auto world. Pundits have predicted their demise for years, but they continue on, and for good reason: Nothing beats them when you have to move a crowd.**

Toyota's version is the Sienna, which will be completely revised for 2011.

In the meantime, I took a long-distance trip in a 2010 front-wheel-drive CE: it's the base trim line, at \$29,500. Sienna is the only minivan still available with all-wheel-drive, but it can get expensive, rising to \$50,980 for the top-line model.

All Sienna models use a 3.5-litre V6 with five-speed automatic transmission. Its 266 horsepower is the highest of its competitors, while its official in-city fuel consumption is the lowest. All Siennas also include electronic stability control, front seat side and curtain airbags, dual-zone climate control, cruise control, heated mirrors, and tire pressure monitoring system.

The second-row seats can be folded in half, tumbled forward, or removed entirely — they're easy to unlatch, but heavy to lift out — while the third-row seats fold flat into the cargo well behind them. Chrysler is still the only one with second-row seats that fold into the floor, but the thin foam needed to make them work also means they get uncomfortable very quickly.

Sienna's seats, while initially fine, got very hard at about the two-hour point of an eight-hour road trip. Volkswagen Routan and Honda Odyssey still lead the pack for long-distance comfort.

Big and roomy, Sienna handles like a much smaller vehicle, with light steering and a tight turning circle, important considerations for a vehicle that will probably spend much of its

### 2010 Toyota Sienna

**Type:** Minivan

**Price:** from \$29,500

**Engine:** 3.5L V6

**HP:** 266

### Highlights

- Only minivan available with all-wheel drive
- Plenty of storage space
- Impressive power and performance

time in and out of parking spots.

It stops fine, but the brake pedal feels mushy. I also found the liftgate heavy and hard to close; power liftgates are only found on the upper-line models.

There is a treasure trove of storage cubbies, including two that, like on a Porsche, are hidden under the hinged armrests on the front doors. The centre stack controls are simple to use, and cupholders abound. Fit-and-finish could be a little better, though.

You can get into a Dodge Grand Caravan for much less, but Sienna stacks up favourably among most of its other rivals for price, especially when looking at comparable features — the even "base" Sienna still contains a long list of items.

Power, performance and fuel consumption all rate high, along with functionality that easily trumps any of Toyota's SUVs or crossovers. Minivans may not be sexy, but they do exactly what they're supposed to do.

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The 2004-08 Acura TL combines luxury and performance but check for transmission issues.

## Acura TL a class act

JUSTIN PRITCHARD  
for Metro Canada**MODEL:** 2004 to 2008 Acura TL**VEHICLE TYPE:** Luxury Sport Sedan**APPROXIMATE USED SPACE RANGE:** \$13,000 to \$30,000**HISTORY/DESCRIPTION:**

In many regards, the Acura TL existed to give shoppers a lower-priced alternative to luxury sedans like the BMW 5-Series and Mercedes E-Class.

The TL came exclusively in a four-door, five-passenger configuration built from the same platform that houses the Honda Accord. Under the hood was a 3.2 litre V6 engine with 258 or 270 horsepower — depending on the year in question. Earlier models were rated the most powerfully, though the drop in output is due to changes in the horsepower rating system and not the engine itself.

Transmission choices included a five-speed automatic with sport-shift or a six-speed manual, and all TL models were front-drive.

Options and hardware included a Bluetooth phone, voice-command, navigation, satellite radio and a premium stereo system. A sunroof, heated leather, automatic climate control and an intelligent key system were all available or standard too.

Ultimately, the TL did a commendable job of blending luxury, technology and performance.

**WHAT OWNERS LIKE:** Performance, acceleration, drivetrain refinement, looks, comfort and handling are the most highly-

rated attributes of the last-generation TL, according to existing owners.

**WHAT OWNERS HATE:** Overall interior space, ease of entry, blind-spots and some squeaks and rattles sum up the most common owner gripes. If you're an audiophile, you'll likely wish for some more connectivity options for your MP3-player.

**COMMON ISSUES:** On a test-drive, ensure proper operation of the power memory seats and all other interior electronics.

Squealing or grinding from the brakes mean the vehicle will need new pads and rotors soon. This can be a pricey job, so ensure the brake system is in relatively good shape.

Scrutinize the operation of the automatic transmission if so equipped. Earlier Honda Accord models in this generation were known for transmission trouble, and a moderate number of earlier last-generation TL owners report similar problems.

If there's any jerking or slipping during gearchanges, select another model or stick to the manual transmission.

Also note that a mechanical inspection and full fluid change is advised if you're unsure of the vehicle's service history.

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5. Christian Gagnon	NB, CA	982	402	615	1017
6. Dennis MacDougall	NS, CA	1009	407	604	1011
7. Cole Warren	NS, CA	1029	376	631	1007
7. Kyle Turk	NS, CA	1040	424	583	1007
9. Blaine Schlechter	AB, CA	1002	402	603	1005
10. Bernie Horton	ON, CA	968	415	585	1000
11. Myles Dennis	NS, CA	993	381	617	998
12. Calvin Lewis	NS, CA	1034	407	590	997
13. Steve Ferguson	ON, CA	1020	402	593	995
14. Grant Greenfield	AB, CA	1000	438	554	992
15. Sarah Jackson	ON, CA	984	371	619	990

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**Tour of nuclear reactor popular**

Hanford, Wash., is a hot destination for tourists. Hundreds waited until midnight to sign up online for a limited number of tours of the nuclear reservation that include the B reactor, which produced plutonium for the bomb dropped on Nagasaki to end the war with Japan. [hanford.gov](http://hanford.gov). METRO NEWS SERVICES

# Travel



## Walk around Northern Ireland

Offbeat and charming, and filled with humour, insight, and a wide array of eccentric characters, *Beyond Belfast* tells the story of one man's misguided attempt at walking the entire Ulster Way: a 560-mile path that circles Northern Ireland, from the city walls of Derry to the moorland heights of the Sperrins, from the green glens of Antrim to the Mountains of Mourne.

METRO NEWS SERVICES

EDITOR: BEN.RYCRUIT@METRONEWS.CA

# Breathe in the beauty of Majorca

**CÉLIA PEDROSO**  
Metro World News

As idyllic as when Frederic Chopin called it the most beautiful place in the world Valldemossa on the island of Majorca, part of the Spanish Balearic Islands, is a sight to see.

**Where I'd wake up**  
**Valldemossa Hotel**

On a hilltop with stunning views and every room has a balcony. Very close to Tramuntana mountain range, the 19th century complex used to belong to the Monastery. The hotel has spa, indoor/outdoor pool, biking and hiking. Double room and dinner for two from \$459.

[valldemossahotel.com](http://valldemossahotel.com)


Deià Cove offers some breathtaking sights.

**Spend the morning**  
**The Royal Monastery (La Cartuja)**

In 1717 an extension to the 14th century building was started with a new Baroque church and clois-

ter but it was never finished. It's possible to visit the church, apothecary. The municipal museum shows works from Miró, Picasso, Tápies, etc.



The Valldemossa Hotel has luxurious suites and great views.

**Where I'd lunch**  
**Ca'n Pedro**

In the village, "Ca'n Pedro" offers traditional and local food. No big deal but honest food like fried cod with onion, fried cala-

mares, lamb ribs, Majorca soups, rices, fig cakes. The restaurant atmosphere is nice and loud at meal hours and prices are around \$30.

[mesoncanpedro.com](http://mesoncanpedro.com)
**Spend the afternoon**  
**Deià and Deià Cove**

A beautiful hike, from the village of Deià to Deià Cove. It takes about three hours to do the six kilometre trail. The landscape is amazing approaching the cove. To the right of the cove, is the Alconasser trail, also called the painters' trail, because of its panoramic views.

[deia.info/indexen.html](http://deia.info/indexen.html)
**How I'd spend the night**  
**Costa Nord Cultural Centre**

In the village where Chopin felt so inspired, music can be heard in the streets or in the halls. The Centre, created by actor Michael Douglas (who owns an estate near), is open to artists and holds concerts and exhibitions.



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Porter Airlines is introducing service to Moncton, N.B., starting June 25. The destination will feature non-stop flights from Greater Moncton International Airport to Ottawa, as well as service to Porter's downtown base at Billy Bishop Toronto City Airport. Flights between Moncton and Toronto include a brief stop in Ottawa. METRO NEWS SERVICES

# Many benefits to marrying abroad

More and more couples are heading to vacation spots to celebrate their nuptials

## Destination Weddings

DANIEL SQUIZZATO  
for Metro Canada

### First, you found the perfect partner.

Then you picked the perfect place to tie the knot — and it's somewhere far, far away.

So, what's next?

It's a question more and more couples are asking these days, according to destination wedding specialist Laurie Keith. She says destination weddings — where couples travel to a foreign spot for their ceremony — account for about 16 per cent of all weddings, with that number expected to rise to 25 per cent in the coming years.

Her company, Romantic Planet Vacations, handles between 200 and 300 destination weddings a year, with all-inclusive resorts in



Wedding specialist Laurie Keith says never put your wedding rings in your checked luggage, but rather keep them handy at all times. Also many airlines offer closet space to store wedding dresses.

locales such as Mexico, Cuba and the Dominican Republic being the most popular choices.

But while there's a romantic appeal to getting married in a special place, there are also plenty of

practical considerations.

Not to worry, says Keith. "There are actually many benefits of having a destination wedding, one being saving money on it," she says.

According to Keith, the

average wedding in Canada costs \$26,000, while a destination wedding usually runs the couple only about \$6,000. The savings generally come from guests paying their own way, though there are options available for the cost-conscious.

Keith says group discounts are available at most resorts, and she's also seen situations where the couple pays for part of their guests' expenses.

Besides, she says, considering that most Canadians will take one trip a year, "they can just combine that with the trip to visit their family or friend at their wedding."

Once the guest list is sorted out, Keith has some key tips for the wandering couple: Plan as far ahead as you can, and consult someone who specializes in destination weddings.

"Most brides and grooms get overwhelmed with all the options out there," she says. "We can sit down and go through the process of asking what their interests are, what their budgets are (and) what destinations they favour."

The wedding planner will



Destination weddings are becoming more and more popular. One expert expects them to make up 25 per cent of her business.



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## Where to go?

Tips on picking the perfect wedding destination:

**1** Pick your interest category. Are you looking to relax on a beach, go scuba diving or visit a famous landmark?

**2** Check the wedding requirements. Different countries have different rules for couples looking to get hitched.

**3** Pick a date. Keep peak dates in mind, as well as any seasonal issues in your destination country.

**4** Know your budget. If money is an issue, consider a destination closer to home.

**5** Consider resort star ratings. Pick the sort of facility that meets your budget and expectations.

**6** All-inclusive package or not? For large groups with diverse tastes and budgets, having options can be best.

**7** Mega-resort or quaint hotel? Pick your accommodations based on what you want from the experience.

**8** Check availability. It's recommended that couples book at least six to 12 months in advance to ensure they get what they want.

SOURCE: ROMANTICPLANET.CA

**What to do if you bags are lost**

So the airline lost your luggage. Should you make a federal case out of it — literally? Each year, passengers file thousands of complaints about airlines with the U.S. federal government. But if you just want compensation for your loss, travel experts suggest going straight to the source. **METRO NEWS SERVICES**

# Exploring eccentric Barcelona

Spain's second largest city offers a unique, memorable experience for travellers

**ROMINA MCGUINESS**  
Metro World News



**Quirky, eccentric and fiercely patriotic.**  
Barcelona has it all — beaches, great nightlife and amazing shopping and sight seeing.

**WHY GO NOW?**

Visiting Barcelona, Spain's second largest city, is like going to another country altogether. With its own language (Catalan), laws and traditions, people here are fiercely proud of their city. Eclectic, dreamy, and super trendy, Barcelona is less oppressive than the capital city Madrid and much more quirky. Being on the coast, temperatures are also great all year round.

**IT'S MY FIRST TIME****Avenue of Las Ramblas**

The brouhaha along the broad Avenue of Las Ramblas makes it one of the most exciting streets in Spain. You can pick up a tweeting bird (in its cage), flower bouquets, printed T-shirts or stop for a cana (small beer) and listen to the street music.

Grab a breath of fresh air at the city's waterfront, only a short walk from Las Ramblas. On Sunday mornings, local families and tourists rub shoulders strolling along the sand and dipping their toes in the somewhat chilly Mediterranean. Order a fragrant dish of seafood paella or fried calamari at La Mar Salada (Passeig Joan de Borbó).

**I'VE BEEN BEFORE****Parque Guell**

Eccentric artist Antoni Gaudí's colorful and crazy Parque Guell is a great way to spend the day. Bring a picnic and see some of the artists' most creative de-

signs — the park is a UNESCO World Heritage Site. Culture is the life and soul of Barcelona, so dropping by the Museu Picasso ([museupicasso.bcn.es](http://museupicasso.bcn.es)) is a must. Some of his greatest work is on display here.

**WHERE TO SHOP**

Head to the antiques market held in front of a cathedral on Plaça Nova, in Barri Gòtic district. It's a beautiful place to buy all sorts of bits and bibelots; dramatic manila shawls, posters, sturdy jewelry and the odd dusty old typewriter. Haggling isn't an option, it's a must.

Established in the 18th century, the bustling Mercat de la Boqueria (La Rambla, 91) is great for a not-so-ordinary afternoon shopping. Fresh fruit and vegetables form vivid pyramids of color and stalls sell pretty much everything Spanish and delicious from fresh cheeses, to breads and cuts of meat.

**WHERE TO GO OUT**

Stand up tapas bar Quimet & Quimet (Poeta Cabanyés 25) is a great way to start the night. The cramped space manages to remain cozy and all sorts of cans and bottles cover the wall from top to bottom. Its "New York meets Catalonia" vibe spreads to the delicious menu of cream cheese (all cheeses are overwhelmingly used as the leading ingredient here), beef and sweet tomato jam.

The wine selection is particularly good. Watch people fill their glasses or even bottles with wine pouring (not literally) out of the oak barrels at Bar Bodega Teo, a local fixture since opening in 1951. The interior design is flashy and fabulous: fairy lights and insect lamps are there to keep you out of the dark.



Barcelona offers beautiful views of the Mediterranean Sea along with some great beaches.

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Taking a cable car ride can give you a great view of the city.



This Spanish city offers a mix of historical and modern attractions.



The market at La Boqueria is a great place to find fresh food.

## Three exciting things to do

- Sagrada familia:** Gaudí's masterpiece dominates the city of Barcelona. Surreal, stunning and unique. Absolutely not to be missed. [sagradafamilia.cat](http://sagradafamilia.cat)
- Cable car:** Regular trips to the top of Montjuic by cable car. Dizzying, but the views of the city are worth the heart racing experience. [tmb.net](http://tmb.net)
- Segway tour:** It's weird but it gets you from A to B much quicker than walking. Double up on sightseeing. [barcelona-segwayglides.com](http://barcelona-segwayglides.com)

## Top tips for Barcelona

**Best Apartments**

El Palauet is a series of six apartments (+34 93 218 0050; [epliving-barcelona.es](http://epliving-barcelona.es)) that can be rented for a minimum of three days.

Each has stylish modern, white interiors, and a terrace overlooking Passeig de Gracia. There's also a spa that residents can use.

**Best Pre-dinner Drinks**

La Vinya del Senyor (+34

**GLOBALISTA**

93 310 3379) is does wine by the glass with delicious bar snacks. Dry Martini's ([drymartinibcn.com](http://drymartinibcn.com)) name speaks for itself. This fabulous bar serves stiff drinks in grown-up surroundings. Mirablau ([mirablaubcn.com](http://mirablaubcn.com)) has terraces that are perfect for watching the sun go down. Alternatively, have drinks outside at the Park Güell right before it closes.

He isn't promising anything, but Boy George has said that his former band Culture Club may reunite in 2011 to mark the three decades since their formation. "I think we could do a one-off gig or maybe a small tour," he told the BBC. [POPEATER.COM](#)

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## For the kids

What do Robert Downey Jr., Katy Perry and a few hundred gallons of green slime have in common? The stars are set to help dole out Nickelodeon's 23rd Annual Kids' Choice Awards this Saturday. [PEOPLE.COM](#)



# Baruchel tames the Dragon

**NED EHRBAR**  
Metro World News



**Jay Baruchel is the first to admit he's easy to please, and making his latest film, the animated How to Train Your Dragon, gave him plenty to smile about — including fulfilling a lifelong goal of having an action figure based on one of his characters. Baruchel sat down with Metro to talk about Scottish accents, hamburgers and why Canadians are so funny.**

**Q** How did you like making an animated film?

**A** For me it was a lot of fun because I got to record a lot of it

in Montreal. I was able to just record and go home, which is pretty cool. It's always fun when you're doing it with other actors, but there's something to be said about just coming in for two hours, doing each line 10 times, eating a hamburger and going home. I can't stress enough how they always had hamburgers waiting for me. It was pretty cool.

**Q** Hamburgers were a specific requirement?

**A** Yeah, it kind of was. Even when I did some recording for the DVD, I was only going to be there for half an hour, and they're like, "We got In & Out on the



Canadian actor Jay Baruchel voices a character named Hiccup in the new animated film *How to Train Your Dragon*.

way, it's coming." It was amazing. Even in New York, when I was recording there, I'd roll in and they'd be like, "OK, we just sent someone out to McDonalds for you." That was great.

that. But what I'll say is we export a lot of funny people. Actually, generations of people have tried to answer that question. What makes us funny? It's basically because we're equal parts in Great Britain and the U.S., so we have two different comedic sensibilities.

**Q** Do you get an action figure of yourself for this movie?

**A** I do. I'm a Happy Meal toy, which is a huge benchmark in my career. For someone that eats as many hamburgers as I do, to be a readily available toy at one of the places that sells said

## Movie feature

hamburgers is a pretty big thrill, honestly.

**Q** In the movie, the adults are voiced by Gerard Butler and Craig Ferguson, while the kids are voiced by you, America Ferrera and Jonah Hill. Do Vikings become Scottish at some point during puberty?

**A** All the old guard talk a certain way ... I read a review where they said we sound like kids that could be found at any mall. But yeah, there's a point when your balls drop and you start talking Scottish.

	HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/24/10 prime time	31	31	31	ABC	News Center 5	World News	Inside Edition	Chronicle	Modern Family	The Middle (N)	Modern Family	Cougar Town	Ugly Betty (N)
	7	7	7	ASN	The Road to Avonea	Degrassi: Next	TMZ (N)	America's Next Top Model (N)	Law & Order: Special Victims	The Listener			
	11	11	11	CBC	Wheel Fortune	Jeopardy! (N)	Just for Laughs	Republic of Doyle (DVS)	CBC News: The National	The Hour			
	2	2	2	CBC-F	Pyramide (SC)	Union-force	Virginie (SC)	Le Moment de vérité (N) (SC)	Tous pour un (HDTV) (N) (SC)	Le Téléjournal			
	32	32	32	CBS	WBZ News (N)	Evening News	Wheel Fortune	Jeopardy! (N)	Survivor: Heroes vs. Villains	Criminal Minds (HDTV)	CSI: NY		
	69	69	69	CFTM	TV4 nouvelles	Le Cercle (SC)	Poule-eufs or Les Gags (SC)	Destinées "Missing" (N) (SC)	Dr. House (HDTV) (SC)	TVA nouvelles			
	6	6	6	CHF	Entertainment	ET Canada	Melrose Place (N)	Survivor: Heroes vs. Villains	Kitchen Nightmares (N)	News Final (N)			
	9	9	9	CJCH	etalk	Access H.	CSI: NY "Cuckoo's Nest"	Criminal Minds (HDTV)	American Idol	CTV News			
	10	10	10	ELTV	QMJHL Hockey	Round 1, Game 4 --	Moncton Wildcats at Cape Breton Screaming Eagles	Community Matters					
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Human Target (N)	American Idol	Fox First		
news	12	12	12	NBC	News (N)	NBC News	Access H.	Extra (N)	Mercy (HDTV) (N)	Law & Order: Special Victims	Law & Order		
	29	29	29	NW	(6) Power & Politics	The Lang & O'Leary Exchange	Connect with Mark Kelley (N)	CBC News: The National	Eco Home				
	4	4	4	PBS-B	PBS NewsHour (N)	Greater Boston	This Old H'se	Great Performances (N)	Great Performances at the Met (N)				
	35	35	35	PBS-D	PBS NewsHour (N)	Business Rpt.	Worldfocus	Our Polish Story Detroit's Polish Americans	Jimmy Sturr and His Orchestra				
	68	68	68	TQS	Guere clan	Atomes croch	Big Brother QC	Rire et délire	True Blood (SC)	L'Attaque à 5			
sports	23	96	96	BNN	Business News	Headline	Market Call Tonight	The Close	Market Call	Squeeze Play	Business News		
	18	18	18	CNN	Situation-Room	Wolf Blitzer	John King, USA (N)	Campbell Brown (N)	Larry King Live (N)	Cooper 360			
	54	54	54	GOLF	Golf Central	Play Lessons	19th Hole (HDTV) (Live)	Arnold Palmer Highlights	Top 10 (N)	Destination	John Daly		
family	52	52	52	RSE	Connected W-Prime Time	Billiards: US Open 9 Ball	MMA Connected	The Ultimate Fighter					
	55	55	55	SCOR	HSR	Covers Experts	Score Today	Poker Million Pound Challenge,	World Poker Tour	NBA Basketball			
cable variety	45	45	45	SPD	Barrett-Jackson 2006	NASCAR	NASCAR Hub	Racing Chef	NASCAR	Dangerous Drives (HDTV) (N)	Pass Time (N)		
	53	53	53	TSN	Curling	SportsCentre	That's Hockey!	NHL Hockey Montreal Canadiens at Buffalo Sabres. (HDTV) (Live)	NHL Hockey				
cable variety	43	43	43	FAM	Han Montana	Wizards-Place	Sonny Chance	Suit Life	Oversold	Han. Montana	Wizards-Place	Latest Buzz	
	44	44	44	TOON	Jimmy Two	Johnny Test	Johnny Test	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	
cable variety	26	26	26	TREE	Guess-Jess	3rd and Bird	Backyardigans	Night Garden	Waybuloo	Max & Ruby	Franklin	Bucket-Dinos	
	27	27	27	YT	iCarly	To Be Indie	iCarly	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family BIZ	
cable variety	16	16	16	A&E	The First 48 (HDTV)	Criminal Minds (HDTV)	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter	Bounty Hunter			
	70	70	70	APTN	NAPT National News (N)	Investigates	The Fraser River Journey	Down2Earth	Cry Baby *** (1990, Musical Comedy)				
cable variety	50	50	50	BET	106 & Park: BET's Top 10 Live	Top 10 countdown. (Live)	(Doing Hard Time (2004, Crime Drama) Boris Kodjoe.						
	37	37	37	BRVO	Emily of New Moon	Death-at-Opera	Bravo/Videos	Arts & Minds	O'Reagan File	Windfield	Star Portraits	White Collar	
cable variety	25	25	25	CMT	The Show (N)	Totally	Amer. Funniest Home Videos	Reba	Reba	According-Jim	According-Jim	Home Improve.	
	49	49	49	COM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Lucky Louie	
cable variety	153	153	153	COURT	Situation Critical "Party"	Killer Next Door	Haunting Evid.	Dumb Criminal	Killer Forensics	Killer, Door			
	38	38	38	DISC	Canada's Worst Driver	Daily Planet (N)	I Could Do	I Could Do	Howe & Howe Tech (N)	Solv.History			
cable variety	34	48	48	HGTV	Extreme Makeover: Home	House Hunters	Property Virgin	Agent-Agent	Property Virgin	Unsellables	House Hunters		
	46	46	46	HIST	Re-Inventors	Ice Pilots NWT (HDTV)	Ice Road Truckers	Ice Road Truckers	Ice Road Truckers	Ice Pilots NWT			
cable variety	17	17	17	MM	Buffy the Vampire Slayer	America's Best Dance Crew	disBAND	Video on Trial	Video on Trial	Video on Trial	My Date With...		
	19	19	19	MMM	mmtop10.ca	The Daily Fix	Ranked!	mmtop10.ca	G. Simmons				
cable variety	201	201	201	M1	(6:30) The House Bunny	(8:15) Love 'N' Dancing ** (2008, Drama)	Billy Zane	Twilight ** (2008, Romance)					
	48	48	48	OLN	Mantracker	Ghost Hunters Academy	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters			
cable variety	51	51	51	PEACH	Friends	Seinfeld	Family Guy	Fire Down Below ** (1997, Action)	Steven Seagal.	Seinfeld			
	206	206	206	PIX	(6) Godzilla (1998, Science Fiction)	(8:20) The Peacekeeper (1997, Action)	(8:20) The Peacekeeper (1997, Action)	Scream *** (1996, Horror)					
cable variety	67	67	67	RDI	monde	RDI économie	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	RDI économie			
	39	39	39	SHOW	Trailer Park	Trailer Park	Relic Hunter	The House Next Door (2006, Suspense)	Lara Flynn Boyle.	Hawthorne			
cable variety	40	40	40	SLICE	Whatever	Wedding SOS	Rich Bride Poor Bride	End of Lease	End of Lease	End of Lease			
	47	47	47	SPACE	Stargate SG-1	Stargate Atlantis (DVS)	Star Trek: Voyager	Chuck (HDTV) (N)	Chuck (HDTV) (N)	Supernatural			
cable variety	14	14	14	SPIKE	CSI: Crime Scene Invstgn.	UFC Unleashed (HDTV)	UFC Unleashed	UFC Unleashed	UFC Unleashed	UFC Primetime			
	57	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	The View (HDTV) (N)	Dr. Oz Show		
cable variety	21	21	21	TLC	Say Yes-Dress	Say Yes, Dress	Addicted 'Amanda'	Natalie Holloway: Lost	Hoarding: Buried Alive	Addicted			
	56	34	34	TROP	Project Runway Canada	Dot Whisperer	Hoarders	Hoarders	Hoarders	Parking Wars			
cable variety	20	20	20	TV5	Que-champion	Journaux de Fr2	Verdict	Irène *** (2002, Com. Sentimentale)	Dernier ep.	A Table			
	28	28	28	V	Emily of New Moon	Murder, She Wrote	No Place Like	Open All Hours	Jesus: The Lost Years				
cable variety	60	97	97	VIVA	Mediums	Ghostly Enc.	Cold Case "Boy Crazy"	Missing	The Closer "Next of Kin"	Cold Case			
	22	22	22	W	House-Sell	House-Sell	Supernanny	Grocery Bag	Grocery Bag	Grocery Bag	The Restaurant	Girl	
cable variety	251	251	251	WGN	WGN Evening News	Two/Half Men	Family Guy	America's Next Top Model (N)	Fly Girls	High Society	WGN News		

## critics' corner

### CSI: NY

When Mac (Gary Sinise) and the CSIs find a compass near a body that fell from the 59th Street Bridge, they realize it is the third victim of the Compass Killer. Wow, and they didn't even need to call in Columbo to help with that one. Impressive. Skeet Ulrich reprises his role as serial killer Hollis Eckhart in "Cuckoo's Nest"; Melina Kanakaredes and Carmine Giovinazzo also star. 8 PM on CJCH



### Just for Laughs

Diversity is the name of the game in this "Ethnic All-Stars" episode, which features a rainbow coalition of funny folk. Performers include half-Irish, half-Korean Steve Byrne; African-American actor and comedian Godfrey; take-no-prisoners Jewish comic Rachel Feinstein; and Italian-Canadian funnyman Frank Spadone. Shaun Majumder hosts. 8 PM on CBC



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**Spacek joins medical drama**

Coming off a multi-episode arc on HBO's *Big Love*, Sissy Spacek is heading to CBS for another TV gig. The Oscar-winning actress has joined CBS' John Wells-produced medical drama, according to *The Hollywood Reporter*. **METRO NEWS SERVICES**

## Springer hosts new dating game

**GAME SHOW** Jerry Springer is reinventing himself again, this time as host of a dating game series.

**Baggage**, debuting next month on the Game Show Network, gives three contestants the chance to win the eye of a prospective date. The hitch:

Contestants have to reveal their faults and foibles.

Among the planned suitors: a shoplifter, a woman who gets advice from psychics and a control freak.

Springer called "Baggage" a family-friendly show that's "just fun and lighthearted. There's no life-changing issues."

"I'm like the crazy old uncle," he said. "People feel comfortable telling me their secrets, that I won't be judgmental."

The series debuts April 19.

THE ASSOCIATED PRESS



**Jerry Springer**

# The sky's the limit for Fly Girls

New show follows glamourous — or not — lives of flight attendants

### These flight attendants are bringing sexy back.

Fly Girls, a CW reality show debuting 9 p.m. ET today, follows the lives of five Virgin America flight attendants as they jet around the country.

The eight half-hour episodes will feature the attendants sharing a home in Los Angeles, working long hours while dealing with grumpy passengers and partying on their layovers in cities such as Las Vegas, Miami Beach and New York.

The series promises stories filled with romance, family and friendships.

"Everything that you are going to see is real — all the relationships, all the reactions," executive producer Jeff Collins said.

"The series itself has a lot of twist and turns in it, some of it is very personal, and that's all real. You can't manufacture that."

It's that work experience

producers hope will give "Fly Girls" an edge over other reality shows.

"These women came to the table with a story, with a history," Collins said, adding that they were already friends or acquaintances before filming began.

Tasha Dunnigan, 28, has worked for nearly three years with the San Francisco-based airline that launched in August 2007.

"My number one thing is to show people I am a single mother, I have a son and that everything is possible," she said.

"My job makes me be away from my son, days at a time. But if that's ... what you have to do to make ends meet, that's what you have to do. And at the end of the day, there is always a brighter side."

Dunnigan filmed one chilly day with cast members Louise Nguyen, 28, and Many Roberts, 26, at



The new reality show Fly Girls follows the lives of five Virgin America flight attendants.

the popular South Beach spot Nikki Beach, where they lounged on outdoor beds.

Virgin Atlantic President Richard Branson makes a cameo appearance on the series.

Capturing the work environment was a balancing act for the production crew, since they had to comply with federal rules

and regulations, and airline requirements.

Federal Aviation Administration officials met with

Virgin America representatives in October 2009 to discuss the airline's involvement in the series.

Virgin had to agree to include a management representative on board every flight when filming took place.

The airline also had to notify all passengers that filming would take place on their flight.

The cast served as extra crew so that the primary flight attendants could focus on their jobs.

The film crew was barred from shooting cockpit footage when a plane was airborne.

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Carmen Electra regrets having her breasts enlarged. The former Baywatch actress — who boosted her modest bust to a DD cup size — now thinks she should have left her boobs as they were, femalefirst.co.uk reports. METRO NEWS SERVICES

## Celebrity Buzz

# McGee 'obsessed' with James, says ex

**THEY SOUND PERFECT FOR EACH OTHER** Ronald Shane Modica is speaking out about his ex-wife Michelle "Bombshell" McGee and her alleged affair with Sandra Bullock's husband Jesse James, usmagazine.com reports.

Modica — who unsuccessfully filed emergency court papers last Friday for full custody of Avery, his five-year-old son with McGee — says that his own marriage suffered as a re-

sult of his wife's preoccupation with the Monster Garage star.

"We had problems during our marriage because of her obsession with Jesse James," Modica tells The Insider. "I once walked into the salon that she owned and she had our wedding photo up there on her mirror and there was a cut out picture of Jesse James' face over my face."

The ex-husband also explains that James' affair

with McGee began in May 2009 — and that McGee made inflammatory accusations about James and Bullock's union. Bullock and

James have been getting in touch with lawyers just in case things get messy after news of James' alleged infidelity came to light, according to TMZ. Sources say Bullock's reps have been in touch with several top divorce attorneys, including one who represented Charlie Sheen, Heather Locklear and Michael Jackson.

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## Supermodel's hubby fears for her safety

**NOT QUITE ON THE SAME LEVEL THERE, MATTY** Claudia Schiffer's husband is terrified she will be murdered by a fan, just like John Lennon.

Director Matthew Vaughn — who confronted a stalker in the couple's home in Suffolk, East England, in 2004 — has serious concerns for the safety of his su-

permodel spouse, femalefirst.co.uk reports.

He said: "We have had some freaks. I am not the famous one, but as a husband you get worried for your wife. With the John Lennon thing — now and again a celebrity gets 'done in,' it's scary."

METRO WORLD NEWS



## Could Hilton's reality TV days be numbered?

**ATHEISTS, START PRAYING — WE CAN DO THIS** Paris Hilton has reportedly been shopping around a new reality show that will track her upcoming engagement and marriage to Doug Reinhardt — but no one's interested, according to Page Six.

"She's been on TV constantly since 2003, when The Simple Life debuted, and the public may be saturated with Paris," a source says. Hilton's reps deny any such show has been pitched.

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## Murphy 'not on drugs,' ready to start family, says husband

**THE MONJACK DOTH PROTEST TOO MUCH** Brittany Murphy was making plans to have children the night before she died, femalefirst.co.uk reports.

The actress — who passed away at age 32 on Dec. 20 — had been dis-

cussing starting a family with husband Simon Monjack and the pair even chose names and spoke about moving to New York to raise their kids.

Simon said: "She knew her career wasn't in the best place. She was

ready to kind of be a mother and that was what a lot of the talk was about.

The British screen-

writer has again blasted speculation the actress was on drugs, insisting he would have been "very worried" if she had consumed illegal substances because she had such a colourful personality.

METRO NEWS SERVICES



## Hewitt gives herself a public pep talk

**BECAUSE I'M GOOD ENOUGH, I'M SMART ENOUGH ...** Jennifer Love Hewitt is taking her recent breakup with Jamie Kennedy in stride. "It's what life handed me, and I'm OK with it," she tells USA Today. "I know wholeheartedly that I'm a really good partner. I think I'm a really good girlfriend, and I think that I could be a really good wife." As for going back to work on The Ghost Whisperer, co-starring Kennedy, the actress says, "It's fine. Everyone's a grown-up. It just is what it is."

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Follow these celebrities on Twitter...

### CelebTweets

**SAMANTHA RON-SON** gives a lesson in the art of the diss, **ASHTON KUTCHER** is thinking about retirement, and **JUSTIN BIEBER** goes after an older woman.

**@samantharonson** Someone please tell Kat Von D that if she's gonna make fun of someone for being dumb "it's not rocket surgery" is not the phrase.

**@aplusk** Health care has been reformed. I'm gonna quit my job.

**@justinbieber** Barbara Walters just came backstage earlier. I hit on her... Just joking around though. Think she liked it. Haha



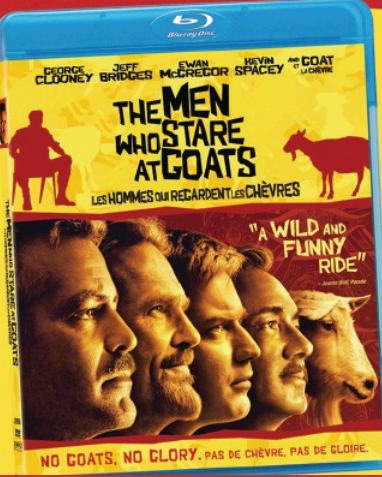
## Ritchie wants Madonna to move kids back to England

**WELL, EXCEPT FOR BABY JESUS**

Madonna is heading back to England for her new movie, W.E., according to the Sun. And while her stay is only slated for six months,

ex-husband Guy Ritchie reportedly hopes it gets extended. "Guy is hoping the move will be permanent for his sake with the kids," a source says. "He is desperate to get the kids over here and be able to see them more often. Guy Rocco is so excited about it."

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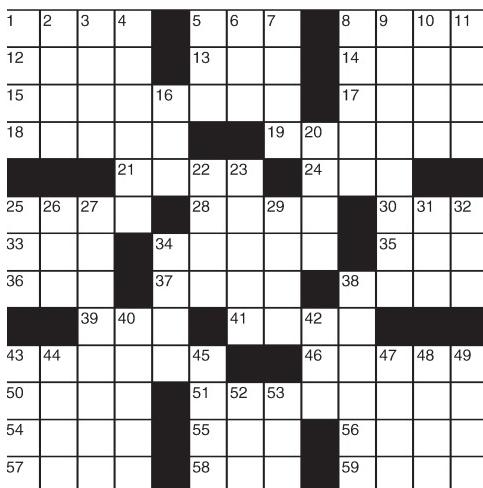
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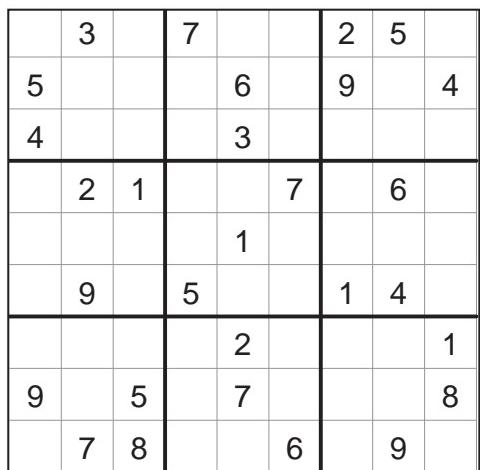
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### Sudoku

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**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)

#### ARIES MARCH 21-APRIL 20



You will be rather tense today but you will do okay if you keep in mind at all times that nothing can hurt you.

#### TAURUS APRIL 21-MAY 21



Don't try too hard to put your thoughts into words. This is one of those days when it is might be better to say nothing at all.

#### LIBRA SEPT 23-OCT 23



You may wish you had never started a particular project but you have no choice but to see it through to the end.

#### SCORPIO OCT 24-NOV 22



If you think that something is going to go wrong today it most likely will – it is your own negative attitude that is attracting negative events.

#### GEMINI MAY 22-JUNE 21



You may not be in the best of bargaining positions at the moment but that does not mean you are doomed to lose out or lose money.

#### SAGITTARIUS NOV 23-DEC 21



It's one thing to say you should love your neighbor, but some people don't make it easy. If someone is particularly annoying, try to avoid them.

#### CANCER JUNE 22-JULY 22



For some reason you have got it into your head that you need to be better than everyone else. That's nonsense.

#### CAPRICORN DEC 22-JAN 20



You may be feeling a bit insecure at the moment but that is not an excuse to grab at the first decent offer that comes along.

#### LEO JULY 23-AUG 23



Your mind seems to be working overtime at the moment: ideas come to you so fast you hardly have time to write them all down.

#### AQUARIUS JAN 21-FEB 18



Something is worrying you to such an extent that you can't get it out of your mind. By this time tomorrow, however, you will have forgotten why.

#### VIRGO AUG 24-SEPT 22



Virgo is a sympathetic sign and the best way to show that you care today is to give your time to some kind of charitable cause.

#### PISCES FEB 19-MARCH 20



Don't commit yourself to any new purchases today. What seems like a bargain may cost you several times more in the long-term.

### This day in history

1603: James VI of Scotland also becomes James I King of England.  
1837: Canada gives African men the right to vote.

1882: Robert Koch announces the discovery of the bacterium responsible for tuberculosis (*Mycobacterium tuberculosis*).

1944: World War II: In an event later dramatized in the movie *The Great Escape*, 76 prisoners begin breaking out of Stalag Luft III.

1965: NASA spacecraft Ranger 9, equipped to convert its signals into a form suitable for showing on domestic television, brings images of the Moon into ordinary homes before crash landing.

1972: The United Kingdom imposes "Direct Rule" over Northern Ireland.

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### Take Five

#### Metro Recipe of the Day



#### Quinoa With Balsamic Vegetable Kebabs

##### INGREDIENTS:

2/3 cup quinoa, rinsed  
1 2/3 cups hot vegetable stock, made with stock cube

2 x 250-g packages roasting vegetables  
2 tbsp sunflower oil  
2 sprigs of fresh thyme  
200 g can corn, drained  
1 tbsp butter  
125g frozen peas  
250 g marinated tofu, cut into bite-sized cubes  
1 tsp mild chili powder  
3 tbsp chopped fresh parsley  
2 tbsp balsamic vinegar

2. Meanwhile, push roasting vegetables onto eight metal skewers, brush with oil and scatter with some leaves from thyme sprigs. Place in shallow roasting pan and season. Roast 10–12 minutes or until vegetables begin to soften.  
3. Stir corn into pot of quinoa and add butter, peas and tofu. Add chili powder. Cover and cook gently 5 minutes. Remove from heat and leave to stand. Add parsley and fork through.  
4. Drizzle balsamic vinegar over kebabs and return to oven to roast until just tender. Serve with quinoa.

SERVES 4

#### rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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